UPDATE ON CURRENT RESEARCH INTO AQUEOUS LIGHT BLEACHING
AT THE CONSERVATION ANALYTICAL LABORATORY

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1 INTRODUCTION

1.1 Conservation Literature (Treatment)

In 1980, in a ground-breaking publication on aqueous light bleaching of paper as a conservation treatment, Keiko Keyes noted significant reduction of stains in rag paper (without alum rosin size) immersed in a magnesium bicarbonate solution and exposed to sunlight, through a polyester film filter, for 2-4 hours [44]. Keyes observed empirically that, "Paper treated by this method of sun bleaching regains considerable physical strength, increasing its body and elasticity."

In 1981, the effectiveness of sun bleaching on a wide variety of stain and paper types was confirmed by studies undertaken at the Center for Conservation and Technical Studies, Fogg Art Museum, and the first attempt to test physical changes in aqueously sun bleached papers, using the TAPPI Official Standard for Surface Strength of Paper (T459 Os-75), was published [59]. The visual effectiveness of light bleaching was particularly apparent in samples discolored by water stains, oil off-set, foxing, oxidation, matburn, and adhesive. The results of the TAPPI surface-strength test indicated that the critical wax number for bast and chemical wood pulp paper samples increased very slightly in aqueously light bleached-samples, reflecting an increased resistance to picking (Fig. 1). Rag paper samples registered a slight decrease in critical wax number. All three paper types had alum rosin size.

Since 1981, paper conservators have published a great deal of information on aqueous light bleaching of paper [5, 6, 12, 22, 49, 56]. Many types of papers (including 17th and 18th century rag and 20th century alpha cellulose) have been exposed in a variety of buffered solutions (such as magnesium and calcium hydroxide and carbonates, magnesium citrate, calcium sulfate and ammonium hydroxide), to several light sources (ranging from sunlight to ultraviolet and fluorescent lights). While the visual effectiveness of the procedures continued to be confirmed, the understanding of changes in chemical, physical, and mechanical properties of paper, as measured by pH, colorimetry, viscosity, folding endurance, etc., remained incomplete. van der Reyde's findings in 1981 suggested a surface stiffening of some papers exposed to aqueous light bleaching; Branchick et al. in 1982 detected a drop in fold endurance of 18th century rag papers [12]; and Savard in 1986 noted color geversion in artificially aged modern, mixed pulp papers [56].

1.2 Scientific Literature (Testing)

Several factors complicate the evaluation of the long term effects of aqueous light bleaching on paper. Among these factors are: 1) the number of variables involved in the conservation treatment; 2) the lack of understanding of how these variables interact; 3) the limitations of some test methods used to detect and measure changes in paper and its components; 4) the problems inherent in interpreting the data; and 5) the lack of criteria to determine whether measured changes in paper, if significant, are ultimately beneficial or not. A survey of relevant scientific literature serves to shed some light on these factors.

1.2.1 Numerous scientific publications touch on some aspects of the variables inherent in the conservation treatment of aqueous light bleaching of paper. Many articles cover the effect on cellulose of photodegradation, water, temperature, alkaline degradation, swelling, and alum rosin sizing, among other things (for specific references, see the topic subdivisions under the Selected Bibliography). However, it is difficult to correlate the diverse scientific information, much of which is on dry paper, to aqueous light bleaching of paper as a conservation treatment. The treatment variables derive for the most part from a) the composition of the paper, b) the immersion solution, and c) the light source.

a) The composition of the paper comprises factors of furnish (fiber types, sizes, fillers, etc.), formation (chemical treatment, thickness, etc.), and degradation (products). Some relevant information on these areas is available. For instance, in respect to alum rosin size, Hon noted that it yellows rapidly in the light [42], which Kimberly asserts happens regardless of whether the rosin was previously bleached or not [45]. Kimberly further observed that rosin size will darken in enclosed carbon arc light (exposure time was 24-288 hours) and that light causes loss of rosin sizing. Launer noted that new rag paper is more affected by rosin than old rag and soda-sulfite paper [46]. Additionally, some of the degradation products, induced by ultraviolet radiation, and responsible for discoloration of cellulose, have been identified as the compounds xylose, D-glucose, D-arabinose, and cellubiose by Ramby [54]. Erhardt found that humid oven aging of Whatman filter paper #1 (composed of cotton seed hair fibers) produced xylose and glucose, although much less glucose was produced during dry oven aging [24].

b) The immersion solution variables include immersion time, temperature, and alkalinity. Eldridge in 1982 noted the relationship between alkalinity and speed of aqueous light bleaching in her study comparing calcium hydroxide to magnesium bicarbonate solutions [22]. It remains to be seen whether or not this is related to increased swelling occurring in the water accessible amorphous hemicellulose regions of the cellulose microfibrils.

c) The variables introduced by the light source include intensity and wavelength/filtration. Little has been reported about the effect of specific wavelengths on aqueous bleaching of paper. Hon has reported success at bleaching mixed pulp paper with a narrow band wavelength of 360-370 nm (below 390 nm damage occurs) for 36 minutes with a neutral distilled water spray at 25-30°C. He found this increased brightness from below 70 to 89 at 200 watts. With newsprint he recommends using 360
and 560 nm frequencies separately, since the 360-370 nm range can cause chromophore formation.

1.2.2 Despite extensive research, the fact remains that much is still not understood about cellulose chemistry. Baugh noted that the basic information on the absorption spectrum of the compound which is photolyzed has not been obtained for cellulose [8]. Ergerton observed that "the complications produced by the presence of oxygen and water vapor are not fully understood" [21]. For example, moisture can both inhibit and accelerate degradation of paper, as noted by Phillips, who goes on to assert that "the mechanism of direct photolytic degradation of cellulose has not been clarified, and presumably will not be until the initial light absorption process is better understood" [53].

1.2.3 A wide selection of tests have been used to detect and measure changes in paper. Tests for mechanical properties include fold endurance and tensile measurements of the strength of the paper network (standard span tensile test), fiber (zero span) or internal bonding (x-direction tensile test). Changes in molecular weight can be detected by viscosity for bulk measures of molecular weight, and gel permeation chromatography for molecular weight distribution. Changes in molecular structure can be determined by carboxyl content through titration or iodometric measurements, or carboxyl content measured by hot-alkali-solubility, copper number, etc. Raman Spectroscopy and Nuclear Magnetic Resonance can also determine carboxyl and carboxyl content as well as ester and ether content. However, it is possible that some properties might be too subtle to be detected by mechanical, physical, or chemical tests. For instance, a decrease in degree of polymerization of cellulosic fibers from 4,400 to 800 (which represents about 4 molecular chain cleavages) does not "measurably change the physical properties of fibers, such as breaking strength and elongation-at-break," as noted by Phillips [53].

1.2.4 Interpretation of data is often complicated by multiple reactions. For example, color reversion, found by Savard in 1986, could be attributed to many things. Hön postulated 14 theories for brightness reversion of bleached pulps, including residual lignin, furfural, reductone, resin, poor weathering, pH, metallic catalysts and resins, diffusion, carbonyl groups, water impurities, microorganisms, low bleach residual and ultraviolet radiation [42]. Reversion may be thermally induced but photolytically increased, as Silvy observed in his experiment whereby cellulose, yellowed by heat for 3 months and then light bleached 70 hours, underwent greater yellowing after subsequent dark thermal ageing for 25 days [58]. Color reversion also occurs with chemical bleaching, as noted by Burgess [14]. Stiffening, found by van der Reyden in 1981, could also be caused by a variety of factors. Wosniak noted that stiffness can result from cross-linking, which "can occur following the oxidation of hydroxyl groups to aldehyde groups...ether linkages could be formed between hydroxyl groups of adjacent chains by the elimination of water" [60]. Cross-linking of cellulose or its derivatives can be induced by light irradiation below 360 nm, although other wavelengths might cross link sizing materials. As noted by Ranby et al. short term irradiation produces a drop in water retention and moisture regain, either because cross-linking forms water resistant bonds, or because such irradiation forces amorphous or disordered regions, which are accessible to water, to become more ordered and crystalline, consequently water inaccessible [54].
1.2.5 Finally, criteria need to be established to determine
whether measured changes are significant or not in terms of benefit or
detriment to paper. If a certain degree of stiffening is considered
significant, for instance, we must then determine whether or not such
stiffening is beneficial to paper. For example, Baugh noted that the
frequency corresponding to the energy needed to cause chain scission in
cellulose is in the ultraviolet end of the spectrum at 340 nm or less
(equivalent to a bond energy of c. 340 kJ mol⁻¹). During the initial
chain scission, photodegraded cellulose has low molecular mass sugars like
glucose and oligosaccharides [9]. Atalla, however, observed that lower
molecular weight cellulose, in the presence of moisture, is more mobile
and susceptible to ordering, leading to crystallization, decreasing
elasticity, and brittleness. Moderate cross-linking could increase
strength by extending the "domain spanned by covalently linked molecular
entities to counteract the reduction resulting from chain scission" but
"if carried too far it could result in embrittlement" [4]. In addition,
Scallen noted cross links inhibit swelling as acid groups within fibers
tend to increase pressure generated by counterions until "osmotic pressure
within the cell wall is reduced by dilution and the pressure equals the
structure’s resistance to further expansion" [57]. Obviously the
consequences of these changes depend on many other circumstances involving
the function of the paper and its environment. Reactions like chain
scission and cross-linking, which are both induced by light irradiation of
dry paper, could counteract each other, making detection and
interpretation difficult.

2 PURPOSE

Given the above, it is understandable that questions about aqueous
light bleaching remain. At the Conservation Analytical Laboratory, we
have conducted since September 1985 a series of studies to address several
of the variables associated with the treatment. To understand the effect
of various light sources on aqueous light bleaching, separate projects
have investigated wavelength efficiency, using Oriel Long Pass filters
exposed to sunlight and Tungsten light, and wavelength specificity, using
Microcoatings Narrow Band Pass filters exposed to xenon arc light. To
understand the mechanism of aqueous light bleaching, investigations have
been conducted into the role of oxygen. Other areas of interest include
changes in viscosity, the relationship of alkalis and swelling agents, and
the interference of paper sizes or coatings. For the purposes of the
present paper, three comparative studies will be described. The
conclusions we draw from these initial experiments are by no means final
or definitive. It is hoped that awareness of this material will stimulate
further and more conclusive experimentation by other researchers in the
field. The three most recent studies are as follows:

2.1 Studies

STUDY I An experiment to separate the effects of aqueous light
bleaching on paper from the effects achieved by dry exposure and dark
immersion over long time periods, to provide controls for different
reaction mechanisms resulting from some of the variables.
STUDY II A comparison of aqueous light bleaching with light bleaching in a solvent system using ethanol, since the use of solvents could expand options for non-aqueous bleaching of water sensitive objects.

STUDY III A comparison of aqueous light bleaching to chemical bleaching systems using sodium borohydride and hydrogen peroxide, since ultimately we must determine the effectiveness and hazards of light bleaching in relationship to chemical bleaching.

2.2 Experimental

For each of these studies, the following conditions remained constant:

**Light source:** An Atlas Cl35W Controlled Irradiance Xenon Arc Exposure System (Weather-Ometer), with a filtered spectral output simulating average optimum Miami daylight from 9:00 am to 3:00 pm (Fig. 2). Filtration resulted from both the borosilicate filters on the lamp (Fig. 3) and the polystyrene bottles (Fig. 4), which combined to eliminate most ultraviolet radiation below 360 nm.

**Immersion containers:** 600 mL polystyrene culture flasks which attached to the specimen rack in the Weather-Ometer with bottle mounts.

**Sample paper** (Fig. 5):
1. an evenly discolored, naturally aged mixed pulp paper, identified as Strathmore Quality and analyzed by the Institute of Paper Chemistry as primarily rosin sized, chemically treated softwood with some hardwood and cotton.
2. Whatman filter paper #6, having characteristics similar to the Strathmore paper in fiber make-up, but without any size.
3. Whatman filter paper #1, made of cotton seed hair, also unsized.

All samples except untreated controls were prewashed in dilute calcium hydroxide, pH 9, for 4 hours to remove alkaline soluble degradation and discoloration products.

**Colorimetry** was undertaken with both a Minolta Chroma Meter CR-100 and a HunterLab Ultrascan Spectrocolorimeter using the CIE L*a*b* color notation system, where L* represent value (ranging from 100 as white and 0 as black), a* and b* represent hue and chroma, with a* representing the degree of redness (if positive) or greenness (if negative) and b* representing yellowness (if positive) or blueness (if negative).

**pH measurements** were made with a Corning Model 12 Research pH meter using a Beckman D90 flat head electrode for the paper samples, and using a solution electrode for the immersion solutions.

**Tensile measurements** were made using an apparatus designed by Marion Mecklenburg.
3 STUDY I. The effects of exposure and immersion times on tensile strength of paper.

3.1 Procedure

The purpose of the procedure was to correlate exposure time to change in color and mechanical strength, and to monitor changes in pH and temperature over time, to determine whether these factors could be correlated in any way to change in color and mechanical strength of immersed samples. For each of the three paper types listed in Fig. 5, the following preparation and procedure occurred. Forty 4x4 1/2" samples were cut, with 8 set aside as untreated controls. The remainder were pretreated by washing in a dilute solution of calcium hydroxide (pH 9) to remove any alkaline soluble discoloration products. All forty samples were then placed in polystyrene bottles to be inserted into an Atlas Weather-Ometer CI35 under 5 different conditions (Fig. 6): untreated and dry, protected from the light by an aluminum foil wrapping about the bottle; prewashed and dry, protected from the light with foil; prewashed and immersed in a dilute calcium hydroxide solution (pH 10), protected from the light with foil; prewashed and immersed in the same solution but exposed to xenon light; and prewashed and dry but exposed to the light. Time in the Weather-Ometer ran 2, 4, 6, 8, 24, 48, 72, and 96 hours.19

There are several problems inherent in using the Weather-Ometer for light bleaching of paper in aqueous solutions. Solutions must be in containers, and unless these containers are made of quartz, they will alter the light spectrum. Also, temperature and pH within the bottles are almost impossible to control once the bottles are placed in the Weather-Ometer, especially over a long period of time.

The ambient temperature within the Weather-Ometer ranged between 24.5 and 35.2°C from the beginning to the end (after 96 hours) for each of the three papers. The ambient temperature of the dry samples within the bottles, as measured with a thermocouple as the bottles were removed from the Weather-Ometer, reached 31°C. It should be assumed that the highest temperature recorded would reflect the subsequent temperatures. The temperature of the immersed samples kept in the dark went from about 31.5°C to 33°C after 4 hours, gradually leveling off to about 34°C after 72 hours in both Whatman samples (Fig. 7). In the Strathmore sample the increase was slightly greater (from 31 to 35.5°C) and more consistent, increasing an average of about 0.05°C with each time increment (Fig. 8). (Deviations resulted from the immediate cooling mechanism within the Weather-Ometer which is activated as soon as the door is opened, causing a dramatic drop in temperature within the few minutes required to remove samples.) The temperature of the immersed samples exposed to light ran about 7°C higher for the Whatman samples (ranging from 39 to 41°C), and about 5°C higher for the naturally aged Strathmore (from 36.5 to 39°C). In summary, depending on the condition, the ambient or solution temperature within the bottles ranged from 31 to 41°C.20

The immersed samples were in a solution of calcium hydroxide, and the pH of the solution containing the undegraded Whatman papers, whether in the dark or not, remained steady at about 10 until after 24-48 hours, at
which time the pH dropped, by 96 hours, to 8 for the light exposed immersion, and 9 for the dark immersion (Fig. 9). Again, the naturally aged Strathmore paper had a consistent decline in pH from 10 to about 7.4 after 48 hours regardless of whether the samples were in the light or dark (Fig. 10). Although there was a sharper decline in the light bleached, immersed sample, especially after 8 hours, the drop in pH can not be strictly related to the influence of light since a similar drop occurred with the samples immersed in the dark. That the change in pH has more to do with degradation products and initial acidity is further supported by the fact that, as noted, the new Whatman papers did not experience a drop in pH until they were immersed for 48 hours, and again the drop was consistent for samples immersed in both the light and dark.

The actual pH of the paper samples themselves showed slight changes: the naturally aged, chemical pulp, Strathmore papers decreased slightly in pH on the whole, dropping from about 7 for the prewashed samples only about one unit, except for the dry bleached sample which dropped about 2 units. The untreated Strathmore remained at about 5. It is interesting to note that dry exposure to 96 hours of light cause the prewashed Strathmore sample to return to its original, untreated, pH level of 5. The pH of the chemical pulp Strathmore and Whatman 6 papers decreased slightly from about pH 7 for the prewashed samples to 5 for the dry bleached samples, while the Whatman #1 (cotton) samples averaged 7 regardless of the findings. The chemical pulp Whatman #6 dry bleached samples’ pH dropped 1 1/2 units from 7 to 5.5 while the wet bleached samples’ pH increased 1 1/2 units from 6.1 to 7.5. The pH of the remaining samples averaged about 6. Regardless of condition, the pH of the Whatman #1 samples averaged 7 throughout.

3.2 Findings: Colorimetry and Tensile Measurements

3.2.1 Colorimetric readings were taken with a Hunter Labs Ultrascans Spectrophotometer in CIE L*a*b*. The L* measurements, which reflect the value or lightness (+) or darkness (-) of the sample indicate that for both the Whatman #6 and naturally aged Strathmore samples, the greatest lightening takes place within the first two hours, and increases most, particularly in the naturally aged Strathmore sample, up to 8 hours, leveling off after 24 hours (Figs. 11 and 12). A similar increase is not seen in the immersed samples kept in the dark, indicating that light is the dominant force in lightening. Surprisingly, only a slight darkening occurs in the prewashed, dry exposed naturally aged samples, and then only after 8 hours of exposure.

The a* measurements, which are an indication of shifts to red (+) or green (-) may reflect upon the lack or presence of degradation products (Figs. 13 and 14). The new Whatman samples appear to have a slight increase in red in both the wet and dry bleached samples especially, which might indicate the formation of photo degradation products. The slight increase in the immersed sample might indicate possible thermal degradation products resulting after 48 hours. In the naturally aged Strathmore samples, the opposite seems to be happening, with a loss of red over time in all samples, especially the wet bleached and dry bleached ones. This possibly indicates that if degradation products already exist, their reduction with light exposure or immersion exceeds the formation of new products.
The b* measurements, which indicate shifts to yellow (+) or blue (-) or loss of yellow, again show the greatest loss of yellow occurring in the first two hours and continuing, with greater magnitude in the naturally aged sample, over the 96 hours (Figs. 15 and 16). While immersion does cause loss of yellow, the degree appears again to be a direct result of the light, as the dark immersed samples lose yellow at lesser rate. This is probably not the effect of temperature, as the ratio of temperature increase to lightening is considerably different between the dark and light immersed samples. (That is, the L* and b* of the Strathmore dark immersed samples changes by 2 units while the temperature changes by 4.5°C, while the light immersed samples change by 2-3 units, with a temperature change of only 2°C. Likewise, it probably is not a pH related phenomenon since the pH goes down, and again, with the Whatman 6 papers, only after some 24-48 hours, while the Whatman 6 L* and b* change consistently in the wet bleached samples).  

To summarize, in this study, two hours of exposure to the xenon arc lamp (2.4 kJ) caused the greatest color change in the CaOH immersed samples, regardless of the paper composition. Exposures exceeding 24 hours under these conditions serve little purpose colorimetrically. Prolonged immersion in calcium hydroxide solution alone continues to lighten the paper but at no point does it reach the level obtained in the combination with light. However, although there is a great difference colorimetrically between samples aqueously bleached between 2 and 96 hours, little difference in tensile properties was detected among samples immersed from 2-96 hours regardless of whether that immersion was in the dark or-exposed to xenon radiation, as indicated by the findings below.

3.2.2 Tensile Measurements for the Whatman 6 paper, based on the mean strains, indicate that calcium hydroxide washing increases the strain to failure over an untreated sample, but no effects can be distinguished as a result of exposure time, light exposure, or whether the sample was dry or immersed (Figs. 17a and b). Based on the mean stresses (Figs. 18a and b), the findings indicate that 1) washing in calcium hydroxide reduces strength; 2) further immersion reduces strength additionally, as in the case of the samples immersed in the light and dark (distinction between these two groups can not be made, so that the loss of strength may be as much from immersion or temperature as from exposure to light); 3) dry light exposure reduces strength as compared to dry exposure in the dark; 4) no distinction can be made with respect to length of exposure.

For the naturally aged Strathmore papers, the mean strains (Figs. 19a and b), indicate the same trend as the Whatman #6 papers. Based on the mean strain alone, washing in calcium hydroxide increases toughness and flexibility. Strengths do not vary significantly under any circumstances (Figs. 20a and b).

To summarize, the results of this study demonstrate little effect on tensile properties by light as compared to prevashing alone. This may suggest that the amount of rebonding that occurs upon washing far exceeds the number of bonds broken upon subsequent light exposure. The fact that subsequent exposure did not significantly alter the tensile properties after the initial immersion corresponds to findings by Annis and Reagen who found no physical or chemical change in breaking load and elongation of (cotton) fabric regardless of the exposure times between 4 and 32 hours [1].
4 STUDY II. Comparison of light bleaching aqueously and in ethanol.

4.1 Procedure

Samples of naturally aged Strathmore papers, prewashed as noted above, were immersed in a dilute calcium hydroxide solution (pH 10) and a 9:1 ethanol/deionized water solution and placed in the polystyrene bottles in the Weather-Ometer for 24 hours (totalling 30.2 kilojoules/square meter of exposure).

4.2 Findings: Colorimetry and Tensile Measurements

4.2.1 Compared to untreated and washed only samples, both water and ethanol achieved a lighter value (L) (Fig. 21), and chromatically shifted toward negative readings, in the direction of green (loosing red) in the a* (Fig. 22) and blue (loosing yellow) in the b* (Fig. 23). This suggests that water soluble items could be effectively light bleached in water/ethanol solutions.

4.2.2 Preliminary tensile tests indicate that 90% ethanol might result in a slightly lower strain to failure in the paper, i.e. a loss of toughness and elasticity (Figs. 24 and 25).

5 STUDY III. Comparison of light bleaching to chemical bleaching.

5.1 Procedure

Samples of naturally aged Strathmore paper, prewashed as noted above, were immersed for two hours each in the chemical bleaches sodium borohydride (0.3%) and hydrogen peroxide (3%), and in an alkalized aqueous solution exposed to light.

5.2 Findings: Colorimetry and Tensile Measurements

5.2.1 Two hour immersions, in the dark, in sodium borohydride (0.3%) and hydrogen peroxide (3%), were comparable to a two hour aqueous light bleached sample at 2.4 kJ/m². While all readings were close, hydrogen peroxide cause the greatest lightening in the L* value (Fig. 26), with light and sodium borohydride close: the same occurs in the a* (Fig. 27), but in the b* (Fig. 28) sodium borohydride had the greatest loss of yellow. Light seemed to be the least effective colorimetrically in this two hour study.

5.2.2 Preliminary tensile measurements indicate, however, comparable results between samples treated by light (Fig. 29) and sodium borohydride (Fig. 30). Those treated with hydrogen peroxide had reduced strains to failure (Fig. 31).

6 CONCLUSION

6.1 Colorimetry of above 3 studies:

Two hours of exposure to the xenon arc lamp (2.4 kJ) caused the greatest color change in the CaOH immersed samples, regardless of the paper composition. Lightening continued far more slowly after two
hours, and tapered off at 24 hours. Consequently, the most effective bleaching occurs within the first two hours, and bleaching longer than 24 hours under these conditions serves little purpose colorimetrically. The same holds true for prolonged immersion in a dilute calcium hydroxide solution in the dark (similar to washing without changing the bath water), but the degree of lightening is less than half, and at no point achieves the visual effectiveness of aqueous light bleaching. (i.e., in our samples, 48-96 hours of immersion in a dilute calcium hydroxide solution still does not produce the degree of lightening of 2 hours of aqueous light bleaching).

The degree of bleaching achieved in aqueous light bleaching with a xenon arc lamp is fairly comparable to chemical bleaching with sodium borohydride (0.3%) and hydrogen peroxide (3%) for the same 2 hour time period. The same is true with 9:1 ethanol/water and a dilute calcium hydroxide solution for 24 hours.

6.2 Tensile measurements of the above 3 studies:

The greatest change in tensile strength occurs not over an extended time period (i.e., no significant difference between 2-96 hours regardless of whether the sample was exposed to light or immersed in solution) but rather between untreated and washed samples. Once our samples were washed, it no longer matter a great deal whether they were then immersed up to 96 hours or exposed to light either immersed or dry.

Two hours of aqueous xenon light bleaching showed no significant difference from 2 hours of sodium borohydride (0.3%) in terms of stress/strain curves, and did show a greater degree of strength than hydrogen peroxide (3%) bleaching over the same time period. Light bleaching in ethanol/water 9:1 showed slightly less strength than a dilute calcium hydroxide solution alone.

7 ACKNOWLEDGMENTS

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8 ENDNOTES


2 van der Reyden, D. "Wax Pick Testing: A Preliminary Study," Art Conservation Training Programs Conference Papers, New York University, March 26-27, 1981. This study, to measure the surface strength of light bleached papers, was undertaken under the supervision of Harjorie Cohn.


4 Branchick et al. compared 18th C. rag and 20th C. alpha cellulose papers exposed in deionized water and magnesium bicarbonate solutions to sunlight (6400 footcandles, 80°F (26.4°C), 4hrs), fluorescent light (8 GE 100 watt Power Groove Cool White, 96°F (33.3°C) for a total of 16hrs), and black light (40 watts, 105°F (40.5°C) 16hrs). A Bausch & Lomb Spectronic 600 Spectrophotometer with integration sphere reflectance accessory recorded reflectance at 436, 546, & 700 nm MIT Fold endurance by the Institute of Paper Chemistry showed loss in strength in the rag paper.

5 Savard exposed 2 modern papers (one with 50% cotton content, the other with higher wood pulp content), thermally aged at 80°C and 50%RH for 31 days, to 14 GE Cool White fluorescent tubes with UV filtering sleeves for 1, 2, 5, 10, & 24 hrs dry; in magnesium bicarbonate and citrate solutions; calcium sulfate; and ammonium hydroxide solutions, at 34°C. Reflectance (Macbeth 1500 Colorimeter, using Delta E between the sample and standard) showed color reversion after re-aging, predominately in dry and magnesium bicarbonate exposures.

6 Robert Feller reported on Oct. 6, 1988 at the Canadian Conservation Institute Symposium '88 in a presentation entitled "Bleaching by Light: Studies on the Bleaching of Thermally Discolored Sugars and Other 'Model Compounds" his findings in reference not only to xylose and arabinose, but also ribose, dextrose, and mannitol, among other things. His paper is to be published in the post prints of the symposium.

7 Feller, at the same conference cited above, Oct. 6, 1988, in a presentation entitled "Bleaching by Light: Effect of pH on the Bleaching of Darkening of Paper Both in the Dry and Immersed Condition Under Visible and Under Near Ultraviolet Radiation," noted that even slightly alkaline solutions increased the speed of light bleaching.

Private communication, Spring, 1987.

For a discussion on the problems relevant to testing, especially in respect to fold endurance, see Antoinette Dwan's article, "Paper Complexity and the Interpretation of Conservation Research," JAIC, Vol. 26, No. 1, Spring 87, pp. 1-18.

The Atlas Weather-Ometer has a 3500 watt water cooled long arc xenon lamp, with the automatic digital setpoint in W/m² at 340 nm, measuring the radiant exposure time in kilojoules/m² hours, programed to continuous light. Black panel temperatures, set at 0, did not remain constant, but rather increased from a minimum of 29.8 to a max of 53.3°C over 96 hours; wet bulb ranged from a min. of 16.8 to 23.5 and dry bulb ranged from 24.5 to 35.2°C. The total irradiance in kilojoules for 2 hr. exposures was 2.4; for 24 hours 30.2; and for 96 hours 122.0-2 (W/m²).

Xenon light sources have been used by references 9, 23, 25, 26, and 31, although not necessarily the same kind.

The polystyrene falcon tissue culture flasks, with phenolic screw caps, are from Fisher Scientific, catalog # 08-772-1a. Quartz bottles would be best for their compositional and spectral purity, but were prohibitively expensive for the initial experiments.

For the photodegradation products of Whatman filter paper #1, see Phillips [53], who exposed Whatman I to unfiltered light and got low molecular weight sugars: D-glucose and related oligosaccharides. The main volatile products were CO, CO₂, and H₂, and acetaldehyde, propionaldehyde, methyl formate, acetone, methanol, ethanol, and ethane, all detected by gas chromatographic retention times.

Phillips [53] notes that alkali pretreatment of cellulose influences rates of gas evolution.

This is a reflected subject-color colorimeter with a pulsed xenon light source; 6 silicon photocells (for double-beam feedback system) filtered to detect primary stimulus values for red, green, and blue light; a d/0 illuminating system, and a 0.08 mm measuring area. It was set for GIE Illuminant D65 (6504K) and calibrated on a Minolta standard-white reflector plate.

Instrument Std. D65, standardization date February 1988, calibrated to white tile standard #7520W.

For information concerning this apparatus, see Marion F. Mecklenburg, "The Role of Water on the Strength of Polymers and Adhesives," Doctoral Dissertation, University of Maryland, 1984.

70 hours is often used in Xenotests. According to Ranby [54], 100 hours in a Type XI Atlas Weather-Ometer approximates one year outdoor exposure. According to Friele [31] 2000-2500 hours in xenon equal one years coastal exposure.
Branchick et al. [12] registered temperatures of 40.5°C for solutions holding samples and exposed to ultraviolet light; 33.3°C for those exposed to the GE Power Pack fluorescent lamps, and 26.4°C for the sun-exposed sample solutions.

Hon [42] notes that dry paper yellows on exposure to light because of fats, resins, waxes, glues, gelatin, or rosin discoloring.

A kilojoule is a measurement of energy equal to $10^7$ erg or app. 0.239 calories, 0.000948 BTU or 0.000278 watt-hour (1 watt second). A foot candle equals 15.83 erg/cm²·sec at 555 nm. A lux (illuminance) equals 1.471 erg/cm²·sec at 555 nm. Cellulosic materials have activation energies from 100-125 kJ/mol (protein 125-170).

In respect to stress/strain curves of tensile measurements, stress is an indicator of strength in terms of the force required to pull a sample apart, and strain is an indicator of toughness in terms of elasticity and flexibility of a sample. Below is an example of a stress/strain curve for Whatman #6 samples: (I) represents the untreated controls and (II) represents samples prewashed in dilute calcium hydroxide solution (pH 9) for four hours. The difference in stress (A) indicates that the CaOH washed samples in group II registered a decrease in stress to failure which suggests lower tensile strength in terms of the force required to pull the samples apart. The difference in strain (B) indicates that the CaOH washed samples registered an increase in strain to failure, suggesting a greater toughness in terms of elasticity and flexibility.

The dramatic change detected upon first immersion of the paper may be because, as Baum notes, during alkaline pulping, the paper-stock is in its most swollen state and consequently upon drying the strongest hydrogen bonding occurs. As paper degrades, bonds break. Subsequent water immersion and swelling, while breaking some additional bonds and rendering paper weaker when wet, upon redrying, form new hydrogen bonds exceeding the number which had survived in the original degraded paper [10].

Annis et al. compared hydrogen peroxide and sodium carbonate for .5 to 3 hours to dry sunlight bleaching for 4, 16 and 32 hours. The greatest effect occurred after 3 hours bleaching in hydrogen peroxide or 32 hours bleaching in sunlight for 19th C. cotton fabric using AATCC Test Method 110-1975, Reflectance, Blue, and Whiteness of Bleached Fabrics. They found no significant physical or chemical changes in terms of breaking load and elongation. They noted the greatest sun bleaching in the first 4 hours, with less change between 16 and 32 hours. They felt 16 hours of dry sun bleaching was comparable in appearance to 3 hours bleaching in hydrogen peroxide (6%).
(The following have been selected from a bibliography of 190 references which have been collected and partially excerpted and is available upon request. It is intended to provide an introduction to the various topics related to the studies outlined in this paper, subdivided, for instance, as follows: photodegradation [8-9, 11, 18, 20, 23, 26, 30, 32, 34, 38, 47, 51, 53, 56]; filtration/wavelengths [5, 7, 9, 18, 20, 24, 26, 30, 38, 47, 51, 53, 56]; chain scission and cross-linking [9, 18, 27, 29, 57, 60]; water [1-2, 4, 8, 9-10, 16, 18, 21, 39, 42, 47, 49, 54-56, 60]; alkali [2, 10, 27, 32, 42, 43, 53, 56, 60]; solvents [10, 16, 17]; swelling [9, 10, 32, 39, 43, 57]; rosin [42, 45-46, 55]; aging [3, 24, 27, 33, 35, 42, 56, 58, 60]; temperature [17, 19, 21, 33-35, 40, 45, 58, 60]; oxygen [2, 3, 9, 17, 18, 21, 35, 42, 45-47, 54, 60]; aqueous light bleaching [5, 6, 12, 22, 44, 49, 56, 59]; chemical bleaching [15, 36, 37]; hydrogen peroxide [1, 2, 17, 60]; tensile testing [4, 7, 23, 35]; viscosity and degree of polymerization [7, 13, 32, 35, 42, 47, 49, 53, 60]; hot-alkali-solubility [27, 48]; color reversion [14, 50, 56]; reflectance [35, 50, 56, 58].)


Fig. 1. TABLE OF FINDINGS

CRITICAL WAX STRENGTH NUMBERS

<table>
<thead>
<tr>
<th>Paper Type</th>
<th>GROUP I UNTREATED</th>
<th>GROUP II Mg(HCO3)2</th>
<th>GROUP III SUNBLEACHED &amp; Mg(HCO3)2</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Range</td>
<td>Mode</td>
<td>Average</td>
</tr>
<tr>
<td>I</td>
<td>7-9</td>
<td>7</td>
<td>7.5</td>
</tr>
<tr>
<td>II</td>
<td>6-9</td>
<td>6</td>
<td>7.1</td>
</tr>
<tr>
<td>III</td>
<td>9-10</td>
<td>9</td>
<td>9.3</td>
</tr>
</tbody>
</table>

*Paper Types: I: primarily unbleached mixed bast fibers with some coniferous chemical pulp.
II: rag paper of highly macerated cotton linters and flax, with some bast fibers.
III: bleached and unbleached grass and straw with some cotton and chemical pulp.

Fig. 2. Sunlight vs Artificial Light Sources
A Comparison of Relative Spectral Energy Distribution

[Graph showing spectral energy distribution in sunlight and artificial light sources.]

Accelerated weathering devices are used to determine the effects of sunlight on various substances.

The graph illustrates the spectral energy distribution as a function of the wavelength produced by a number of artificial light sources.

The bars left the wavelength spectra as indicated on the graph (e.g., sunlight, fluorescent, etc.), with the energy levels generated. The graph compares the energy levels between sunlight and artificial light sources.

CIBA-GEIGY

*CIBA-GEIGY*
Fig. 5. ANALYSIS

<table>
<thead>
<tr>
<th>STRATHMORE</th>
<th>WHATMAN #6</th>
<th>WHATMAN #1</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRIMARY FIBER TYPE:</td>
<td>SOFTWOOD</td>
<td>SOFTWOOD</td>
</tr>
<tr>
<td>BLEACHING:</td>
<td>BLEACHED</td>
<td>ACID BLEACHED</td>
</tr>
<tr>
<td>PULP PROCESS:</td>
<td>CHEMICAL</td>
<td>SULFITE</td>
</tr>
<tr>
<td>PRINCIPAL SPECIES:</td>
<td>SPRUCE OR HEMLOCK</td>
<td>SPRUCE</td>
</tr>
<tr>
<td>% BY WEIGHT:</td>
<td>89.1%</td>
<td>80%</td>
</tr>
<tr>
<td>% ALPHA CELLULOSE:</td>
<td>63-68%</td>
<td>91-92%</td>
</tr>
<tr>
<td>SECOND. FIBER TYPE:</td>
<td>HARDWOOD</td>
<td>HARDWOOD</td>
</tr>
<tr>
<td>BLEACHING:</td>
<td>BLEACHED</td>
<td>ALKALINE</td>
</tr>
<tr>
<td>PULP PROCESS:</td>
<td>KRAFT</td>
<td>KRAFT</td>
</tr>
<tr>
<td>PRINCIPAL SPECIES:</td>
<td>POPULUS SPP.</td>
<td>EUCALYPTUS</td>
</tr>
<tr>
<td></td>
<td>SOME EUCALYPTUS</td>
<td></td>
</tr>
<tr>
<td>% BY WEIGHT:</td>
<td>1.8%</td>
<td>20%</td>
</tr>
<tr>
<td>% ALPHA CELLULOSE:</td>
<td>85-86%</td>
<td></td>
</tr>
<tr>
<td>TERT. FIBER TYPE:</td>
<td>SEED HAIR</td>
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</tr>
<tr>
<td>PULP PROCESS:</td>
<td>CHEMICAL</td>
<td></td>
</tr>
<tr>
<td>% BY WEIGHT:</td>
<td>9.1%</td>
<td></td>
</tr>
<tr>
<td>SIZE:</td>
<td>ROSIN</td>
<td>NONE</td>
</tr>
</tbody>
</table>

Fig. 6. AQUEOUS LIGHT BLEACHING: PROJECT DESIGN

VARIATION OF EXPOSURE TIMES IN THE WEATHER-OMETER

SAMPLE NUMBERS

<table>
<thead>
<tr>
<th>TIME</th>
<th>UNTREATED: DRY CONTROL IN DARK</th>
<th>WASHED CaOH: DRY CONTROL IN DARK</th>
<th>WASHED CaOH: IMMERSED CaOH IN DARK</th>
<th>WASHED CaOH: IMMERSED CaOH IN LIGHT</th>
<th>WASHED CaOH: DRY CONTROL IN LIGHT</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 hrs.</td>
<td>1</td>
<td>9</td>
<td>17</td>
<td>25</td>
<td>33</td>
</tr>
<tr>
<td>4 hrs.</td>
<td>2</td>
<td>10</td>
<td>18</td>
<td>26</td>
<td>34</td>
</tr>
<tr>
<td>6 hrs.</td>
<td>3</td>
<td>11</td>
<td>19</td>
<td>27</td>
<td>35</td>
</tr>
<tr>
<td>8 hrs.</td>
<td>4</td>
<td>12</td>
<td>20</td>
<td>28</td>
<td>36</td>
</tr>
<tr>
<td>24 hrs.</td>
<td>5</td>
<td>13</td>
<td>21</td>
<td>29</td>
<td>37</td>
</tr>
<tr>
<td>48 hrs.</td>
<td>6</td>
<td>14</td>
<td>22</td>
<td>30</td>
<td>38</td>
</tr>
<tr>
<td>72 hrs.</td>
<td>7</td>
<td>15</td>
<td>23</td>
<td>31</td>
<td>39</td>
</tr>
<tr>
<td>96 hrs.</td>
<td>8</td>
<td>16</td>
<td>24</td>
<td>32</td>
<td>40</td>
</tr>
</tbody>
</table>
Fig. 7.
AMBIENT TEMPERATURE IN BOTTLE
WHATMAN 6 PAPER

Fig. 8.
AMBIENT TEMPERATURE IN BOTTLE
NATURALLY AGED STRATHMORE PAPER
**Fig. 9.**

**SOLUTION PH**

**WHATMAN 6 PAPER**

![Graph showing the pH of a solution with data points for dark immersed and wet bleached samples over varying hours in a weatherometer.](image)

- **Dark Immersed**
- **Wet Bleached**

**Fig. 10.**

**SOLUTION PH**

**NATURALLY AGED STRATHMORE PAPER**

![Graph showing the pH of a solution with data points for dark immersed and wet bleached samples over varying hours in a weatherometer.](image)

- **Dark Immersed**
- **Wet Bleached**
Fig. 11.
**L*a*b** COLORIMETRY AFTER WEATHER-O METER

NATURALLY AGED STRATHMORE PAPER

Fig. 12.
**L*a*b** COLORIMETRY AFTER WEATHER-O METER

WHATMAN 6 PAPER
Fig. 15.
L*a*b* COLORIMETRY AFTER WEATHER-Ometer

Fig. 16.
L*a*b* COLORIMETRY AFTER WEATHER-Ometer
Fig. 24.
AQUEOUS LIGHT BLEACHED 24 HRS
NATURALLY AGED STRATHMORE PAPER

Fig. 25.
ETHANOL LIGHT BLEACHED 24 HRS
NATURALLY AGED STRATHMORE PAPER
THE

BOOK AND PAPER GROUP

ANNUAL

VOLUME SEVEN

Compiled by

Robert Espinosa

The Book and Paper Group

1988
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† Papers presented at the AIC 16th Annual Meeting, June 1-5, 1988, New Orleans, Louisiana.


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