American Journal of Botany Symbiont abundance can affect host plant population dynamics --Manuscript Draft--

Manuscript Number:	AJB-D-16-00334R3		
Full Title:	Symbiont abundance can affect host plant population dynamics		
Short Title:	Symbionts and host populations		
Article Type:	Research Paper		
Section/Category:	Ecology		
Corresponding Author:	Melissa McCormick Smithsonian Institution UNITED STATES		
Corresponding Author E-Mail:	mccormickm@si.edu		
First Author:	Rachel Rock-Blake, m.s.		
Order of Authors:	Rachel Rock-Blake, m.s.		
	Melissa McCormick		
	Hope E.A. Brooks, B.S.		
	Cynthia S. Jones, PhD		
	Dennis F. Whigham, PhD		
Abstract:	 Dennis F. Wnignam, PhD Premise of the Study: Symbioses are almost universal, but little is known about how symbiont abundance affects host performance. Many orchids undergo vegetative dormancy and frequent and protracted dormancy have been associated with population declines. If mycorrhizal fungi affect host plant performance, those effects are likely to alter patterns of vegetative dormancy. The goal of this study was to determine whether the abundance of mycorrhizal fungi is related to the likelihood of entering dormancy and whether fungal abundance varied with dormancy duration in the federally listed threatened orchid, Isotria medeoloides. Methods: We studied three populations of the threatened North American terrestrial orchid, Isotria medeoloides, with long term emergence data and evaluated the relationship between the abundance of associated mycorrhizal fungi in soil adjacent to orchids were quantified in two ways. First, ectomycorrhizal fungi in soil adjacent root tips were identified using DNA sequencing to determine their phylogenetic relationship to fungi that are known to form mycorrhizae with I. medeoloides. Second, we extracted DNA from soil samples and used quantitative real-time PCR to estimate the abundance of Russulaceae, both in the soil and on nearby ECM root tips, was significantly related to orchid prior emergence. Both abundance and prior emergence history were predictive of future emergence. Conclusions: These results suggest that the abundance of mycorrhizal fungi can influence orchid population dynamics and is an essential component of orchid conservation. 		
Keywords:	Isotria medeoloides; orchid; Orchidaceae;	dormancy; mycorrhizal fungi; Russula	
Funding Information:	National Park Service (PMIS144281)	Dr. Melissa McCormick	
	National Science Foundation (DBI1156799)	Dennis F. Whigham	
	U.S. Army Fort A.P. Hill	Dennis F. Whigham	

AJB Author Agreement



American Journal of Botany **Author Agreement Form** Click on the first gray box and start typing. You may use the Tab to get to the next field.

Corresponding Author's Name: Melissa McCormick **Date:** 9/15/16

Respond to ALL the statements below either by typing your initials or checking the appropriate box. After you have completed this form, save it as a Word document or PDF, and upload it with your manuscript submission on the "Attach Files" page in Editorial Manager (<u>http://www.edmgr.com/ajb</u>).

- All Contributing Authors know of and concur with the submission of this manuscript. Single authors please also initial. Initials: mkm
- All authors of this research paper have directly participated in the planning, execution, or analysis of the study; AND All authors of this paper have read and approved the final version submitted. Initials: mkm
- 3. The contents of this manuscript have not been copyrighted or published previously and are not now under consideration for publication elsewhere. The contents of this manuscript will not be copyrighted, submitted, or published elsewhere while acceptance by the Journal is under consideration. Once a manuscript is accepted for publication, all authors must sign off on the copyright form or contact the AJB Editorial Office to confirm their participation in the work. Initials: mkm
- 4. Authors are responsible for recognizing and disclosing any duality of interest that could be perceived to bias their work, acknowledging all financial support and any other personal connections.

 \boxtimes No, there is no duality of interest that I should disclose, having read the above statement.

Yes, having read the above statement, there is potential duality of interest. This has been fully detailed in my cover letter.

- 5. Have the results/data/figures in this manuscript been published or are they under consideration for publication elsewhere?
 - No, the results/data/figures in this manuscript have not been published elsewhere, nor are they under consideration (from you or one of your Contributing Authors) by another publisher.
 - **Yes**, some portion of the results/data/figures in this manuscript has been published or is under consideration for publication elsewhere.

If you select *Yes*, please identify results/data/figures taken from other published/pending manuscripts in the textbox below and explain why this does not constitute dual publication. (Note: The existence of pending or previously published articles that use or have used any of the same results presented in the submitted manuscript does not generally prejudice review and acceptance.)

6. To take advantage of the free article-processing charges policy, at least one author must be a member of the BSA when the manuscript is submitted for review and also during the year of publication (except for Special Invited Papers). Authors who are not members of the BSA may also submit manuscripts for consideration. A fee of \$1000 per article, regardless of article length, will be charged to the corresponding author.

(To become a member of the BSA, please go to <u>https://crm.botany.org/</u>. NOTE: If you are contributing to a Special Issue by invitation, the BSA membership requirement is waived.)

No, No authors of this manuscript are members of the BSA.

- **Yes,** I confirm that at least one author is a BSA member. I also confirm that any excess page charges and/or other editorial charges incurred will be covered by funds from a grant, institution, or agency if my paper is accepted for publication.
- 7. *AJB* authors have the option to make their accepted paper freely available online immediately upon publication. The fee for Open Access is \$1500; the fee is discounted to \$750 if (1) the author's institution subscribes to the Journal and (2) at least one of the authors is a member of the BSA.
 - **Yes**, I understand the Open Access fees and would like to pay to make my paper Open Access.

Contact the Editorial Office at ajb@botany.org for more information.

[last revised 25 August 2015]



8 December 2016 Pamela Diggle (Editor-in-Chief) Department of Ecology and Evolutionary Biology University of Connecticut Storrs, CT 06269-3043, USA

Dear Dr. Diggle,

Please find attached the revised paper "Symbiont abundance can affect host plant population dynamics" for consideration for publication in the American Journal of Botany. We appreciate the thoughtful suggestions and efforts of the associate editor and have now revised this paper as suggested. Please feel free to contact me if there are questions that remain or issues we have inadequately dealt with. I have included our responses to reviewer comments below.

Sincerely,

Mulina Mulomil

Melissa K. McCormick, Plant Ecologist Smithsonian Environmental Research Center P.O. Box 28 Edgewater MD 21037 fax: 443-482-2380 phone: 443-482-2433 email: mccormickm@si.edu Responses to Editor's comments:

1. As per AJB's Instructions to Authors regarding Locality Information: Manuscripts that report data from individual populations must include locality information for each of the populations sampled if this information is not provided with an associated voucher specimen. Please be as precise as necessary for the site to be revisited by subsequent researchers. Coordinates as obtained from a GPS unit are ideal. A waiver of this requirement for locality information may be granted for rare, threatened, or endangered species.

***This requirement has been waived, as we worked with a Federally-listed Threatened species and releasing the location information is specifically prohibited.

2. Throughout the results, there are times when only p-values are presented for the statistics. Please also include the statistic value and df in all cases when reporting statistics in the results. ***Test statistics and df have now been added to all the places where only p-values were previously listed in the Results.

3. Table 2 is referred to twice on P19 (last two paragraphs of the results), yet there is no Table 2 included with the ms text.

***We have removed all references to Table 2, it appears to be a residual of a much earlier version.

4. Would you like to thank the reviewers in the acknowledgements? It is not required, but we recommend it, especially if you found their comments helpful. (They don't, as a rule, see your final response letter.)

***We now thank the reviewers and the editor for helpful comments on previous versions.



4 December 2016 Pamela Diggle (Editor-in-Chief) Department of Ecology and Evolutionary Biology University of Connecticut Storrs, CT 06269-3043, USA

Dear Dr. Diggle,

Please find attached the revised paper "Symbiont abundance can affect host plant population dynamics" for consideration for publication in the American Journal of Botany. We appreciate the thoughtful suggestions and efforts of the associate editor and have now revised this paper as suggested. Please feel free to contact me if there are questions that remain or issues we have inadequately dealt with. I have included our responses to reviewer comments below.

Sincerely,

Mulina Mulomil

Melissa K. McCormick, Plant Ecologist Smithsonian Environmental Research Center P.O. Box 28 Edgewater MD 21037 fax: 443-482-2380 phone: 443-482-2433 email: mccormickm@si.edu Responses to Editor's comments:

I apologize for not catching this earlier, but was puzzled by the first sentences in the results (quoted below). The OTUs from ECM roots were a lot more diverse than the Isotria OTUs. Assuming that 'all' in line 289 refers to 'all ECM sequences' it doesn't make sense to say that the more diverse ECM fungi all fell into the smaller number of taxonomic clades represented by the less diverse Isotria sequences. I have now changed the wording to "All DNA sequences from ECM roots obtained with the Russulaceae-specific primers fell within the Russulaceae, demonstrating that the primers targeted the desired taxa, and have been deposited in Genbank (Accessions KX528232-KX528327)"

How about switching the subject on line 289 from 'all ECM' to all fungi from the orchid roots, as in:-

The resulting alignment had 638 sites. On the phylogenetic tree, all fungi from I. medeoloides roots also belonged to diverse clades in Russula or Lactarius (Fig. 2), verifying that the 291 Russulaceae we quantified on root tips and in the soil targeted the desired fungi but also 292 indicating the breadth of fungi associating with I. medeoloides.

***Thank you for this suggestion. I agree that it is confusing as it was originally written and have changed to wording suggested (L289)

286 RESULTS

287 All DNA sequences from ECM roots obtained with the Russulaceae-specific primers 288 belonged to Russula or Lactarius and have been deposited in Genbank (Accessions KX528232-289 KX528327). The resulting alignment had 638 sites. On the phylogenetic tree, all fell within 290 taxonomic groups containing fungi from I. medeoloides roots (Fig. 2), verifying that the 291 Russulaceae we quantified on root tips and in the soil targeted the desired fungi but also 292 indicating the breadth of fungi associating with I. medeoloides.

Editor Comments:

For figs 3, 5, 6, the figure legend is not correct. it specifies the identity of the line, but I think it should say what the gray vs. black circles represent. Also, do the lines have any biological meaning? If not, better to just present means and errors.

***Thank you for catching this. In figure 3, 5, and 6, I have changed the wording to refer to grey and black symbols, rather than lines. I have removed the lines in figs 3, 4, 5, and 6.



24 November 2016 Pamela Diggle (Editor-in-Chief) Department of Ecology and Evolutionary Biology University of Connecticut Storrs, CT 06269-3043, USA

Dear Dr. Diggle,

Please find attached the revised paper "Symbiont abundance can affect host plant population dynamics" for consideration for publication in the American Journal of Botany. In this paper, we examine how the abundance of symbionts can impact plant population dynamics. Specifically, we quantify how the abundance of mycorrhizal fungi can affect orchid dormancy. Recent studies have suggested that symbiont community composition can impact host physiology and population dynamics, but none have examined the effects of symbiont abundance. To truly understand how symbionts affect host distribution, it is critically important to consider symbiont abundance, in addition to composition. These results have implications for the vast majority of the earth's species that depend upon symbiotic associations, with particular relevance for the vast majority of plant species that depend on associations with mycorrhizal fungi. We appreciate the thoughtful suggestions and efforts of the associate editor and have now revised this paper according to their suggestions. Please feel free to contact me if there are questions that remain or issues we have inadequately dealt with. I have included our responses to reviewer comments below.

Sincerely,

Mulina Mulanil

Melissa K. McCormick, Plant Ecologist Smithsonian Environmental Research Center P.O. Box 28 Edgewater, MD 21037 fax: 443-482-2380 phone: 443-482-2433 email: mccormickm@si.edu Associate editor comments. I am again recommending minor revision, mainly to ensure that the new Bayesian phylogenetic analysis is thorough and fully convincing. I appreciate that the authors took the reviewer suggestions seriously and look forward to a next and final version.

1. line 103, 123. Edited in abstract but not in intro. In the intro, the orchid remains 'federally threatened'. Do you want to leave the text as is?

***Thank you for catching this. It has now been changed in L103.

2. line 287, Clarify. Did the following apply to the number of sites in the alignment? If so, perhaps 'The resulting alignment had 638 sites' rather than 'The resulting tree had a sequence length of 638bp' ***This has been re-worded as suggested in L287.

3. To eliminate confusion based on the double meaning of rtPCR, perhaps add technical details. Rather than:

Line 249 'To quantify Russulaceae abundance in the soil, we conducted quantitative real-time PCR (qPCR).'

'To quantify abundance of Russulaceae DNA in the soil, we conducted quantitative real-time PCR (qPCR) of the ITS2 region.'

***Thank you for this suggestion. L149 has now been reworded as suggested.

4. Bayesian analysis and Fig. 2. While the Bayesian analysis that replaces the original UPGMA is an improvement, I have a couple of suggestions. Fig. 2 does offer convincing evidence that the mycorrhizal OTUs are somewhere near Russula. While the underlying message is not in doubt, the outgroups are very distant from ingroups Lactarius and Russula, and as a result, Russula appears paraphyletic and basal to Lactarius. This conflicts with most published phylogenies. A more careful phylogenetic analysis with closer outgroups should provide more support for nesting OTU12, OTU20 and OTU5 within Russula rather than as basal divergences of uncertain affiliation, as they now appear in Fig. 2. Russula KP348036, which appears with OTUs that are basal in the tree in Fig. 2 should rather appear in a clade with almost all other Russula species. (This is based on my BLAST search suggesting it is related to the iconic red-capped Russula emetica.)

Buyck et al. 2008 could get away with distant outgroups because they had available multiple, more highly conserved loci to use to construct their tree. More appropriate outgroups for ITS comparisons would be Boidinia aculeata, Boidinia furfuracea, or other similar species (Larsson and Larsson, Mycologia, 2003).

***The Bayesian analysis has now been re-run with Boidinia parva and Gloeocystidiellum rajchenbergii as outgroups. These fell within the most closely related genera identified in Larsson and Larsson, though we could not use the exact species that were in Larsson and Larsson because they sequenced a different region than we did, which would have greatly affected the resulting alignment. Indeed, this did produce a tree with better support for the OTUs.

5. (2) Provide some evidence that the final post burnin sampling represented a good sampling of the posterior distribution. Was the split frequency below 0.01 when the burnin period was finished? If not, more generations and a higher burnin proportion might reveal stronger support for some branches. ***L248-250: we have now added text indicating that the split frequency had declined to 0.008 after the burn-in period, suggesting that the burn-in used was adequate to provide a good sampling of the posterior distribution.

This said, it is unlikely that overall support for the phylogeny will be high. Using Bayesian phylogenetics, as the authors are doing, to show the relationships of the short OTU DNA sequences makes very good sense. It is understandable and consistent with other studies of the Russulaceae that the backbone relationships do not receive support.

Rock-Blake et al. Symbionts and host populations 1

1	Symbiont abundance can affect host plant population dynamics
2	
3	Rachel Rock-Blake ² , Melissa K. McCormick ^{3,4} , Hope E.A. Brooks ³ , Cynthia S. Jones ² , Dennis
4	F. Whigham ³
5	
6	¹ Manuscript received; revision accepted
7	² Department of Ecology and Evolutionary Biology, University of Connecticut, Storrs, CT 06269-
8	3043.
9	³ Smithsonian Environmental Research Center, P.O. Box 28, Edgewater, MD 21037.
10	⁴ Author to whom correspondence should be addressed
11	
12	

13 14 *Premise of the Study:* Symbioses are almost universal, but little is known about how symbiont abundance can affect host performance. Many orchids undergo vegetative dormancy 15 and frequent and protracted dormancy have been associated with population declines. If 16 mycorrhizal fungi affect host plant performance, those effects are likely to alter patterns of 17 vegetative dormancy. The goal of this study was to determine whether the abundance of 18 19 mycorrhizal fungi is related to the likelihood of entering dormancy and whether fungal abundance varied with dormancy duration in the federally listed threatened orchid, *Isotria* 20 21 medeoloides. 22 Methods: We studied three populations of the threatened North American terrestrial 23 orchid, Isotria medeoloides, with long term emergence data and evaluated the relationship 24 between the abundance of associated mycorrhizal fungi (Russulaceae) and orchid dormancy and 25 emergence. Mycorrhizal fungi in soil adjacent to orchids were quantified in two ways. First, 26 ectomycorrhizal (ECM) fungi on adjacent root tips were identified using DNA sequencing to 27 determine their phylogenetic relationship to fungi that are known to form mycorrhizae with *I*. 28 29 *medeoloides*. Second, we extracted DNA from soil samples and used quantitative real-time PCR to estimate the abundance of Russulaceae hyphae adjacent to each orchid. 30 31

Key Results: We found that the abundance of Russulaceae, both in the soil and on nearby 32 ECM root tips, was significantly related to orchid prior emergence. Both abundance and prior 33 34 emergence history were predictive of future emergence.

35

ABSTRACT

- 36 *Conclusions:* These results suggest that the abundance of mycorrhizal fungi can influence
- 37 orchid population dynamics and is an essential component of orchid conservation.
- 38
- 39 Keywords: (3-10) *Isotria medeoloides*; orchid; Orchidaceae; dormancy; mycorrhizal fungi;
- 40 Russula
- 41

42 INTRODUCTION

Symbioses are essential for nearly all organisms, with mycorrhizal associations being an
important symbiosis for the vast majority of terrestrial plants (Brundrett, 2009). The dynamics
of the quantitative relationships between symbiotic partners can have important ecological and
evolutionary consequences (Bruna et al., 2014), but only a few studies have quantified how the
abundance of mutualist partners influences population dynamics (Lovelock and Miller, 2002;
McCormick et al., 2009; McCormick et al., 2012; Vannette and Hunter, 2013).

The Orchidaceae is perhaps the largest family of flowering plants in the world (Dressler, 49 1993). Like most plants, orchids rely on associations with fungi but differ in that there is little 50 evidence that the mycorrhizal interaction is mutualistic. Only one study has demonstrated 51 definitively that the fungus may benefit from interactions with orchids (Cameron et al. 2008), 52 though a few other studies have hypothesized that carbon transfer from orchids to mycorrhizal 53 fungi explains depleted concentrations of ¹³C in orchid hosts (e.g., Hynson et al., 2009; Liebel et 54 al., 2015). It is widely assumed that the orchid is the only partner that benefits (Rasmussen 55 2002) and that benefit results from the digestion of the fungus by the orchid. The considerable 56 resources that orchids gain from fungi is demonstrated by the presence of species that never 57 emerge aboveground (Bougoure et al., 2009; 2010) and orchid genera that have lost their ability 58 to obtain carbon through photosynthesis and are thus mycoheterotrophic (e.g., Barrett et al., 59 2010; Motomura et al., 2010; Liebel and Gebauer, 2011; Lee et al., 2015). In addition to 60 obtaining resources from mycorrhizae, some orchids are known to be highly specific with regard 61 to mycorrhizal symbionts that are required for seed germination (Yam and Arditti, 2009). 62 Protocorms of all orchids require fungi for growth, and mycoheterotrophic species are fully 63 64 dependent on fungi for growth and reproduction (Rasmussen, 2001; McCormick et al., 2012). In addition, all orchids interact with fungi to varying degrees for growth beyond the seedling stage
(Girlanda et al., 2011; Stöckel et al., 2014).

The importance of mycorrhizae throughout the life cycle of orchids is clear, but an 67 intriguing characteristic of many orchid species is that they can undergo extended periods, 68 called vegetative dormancy, during which they fail to produce any above-ground tissues during 69 one or more growing seasons, but remain physiologically active (Shefferson et al., 2012). Such 70 vegetative dormancy is often associated with plant stress and may be important for survival 71 (Gremer et al., 2010; Gremer et al., 2012). However, for vegetative dormancy to be a successful 72 73 strategy, plants must have higher survival or, at least not substantially less growth, than they would have not entering dormancy (Shefferson et al., 2014). What triggers orchids to enter or 74 emerge from dormancy is unknown, but it may be related to plant nutritional status which, in 75 76 turn, may be related to environmental stress (Gremer et al., 2010). Based on studies of fully mycoheterotrophic species (e.g., Bougoure et al., 2010), it can be assumed that during the time 77 spent below-ground orchids remain physiologically active. It has therefore been proposed that 78 79 orchids that are green and photosynthesize when they emerge may rely more heavily on their mycorrhizal fungi for nutrients, especially carbon, when they are vegetatively dormant (Gill, 80 81 1989; Shefferson et al., 2005).

The presence of appropriate mycorrhizal fungi is clearly essential for successful establishment and sustainability of orchid populations. What is less clear is whether or not the abundance of the appropriate mycorrhizal fungi is also important. The abundance of mycorrhizal fungi has been shown to support increased seed germination and protocorm development of three terrestrial orchids (McCormick et al., 2012), but whether fungal abundance is equally important for other orchid life history stages remains to be determined (McCormick and Jacquemyn, 2014). When appropriate mycorrhizal fungi are absent, mortality results. Swarts and Dixon (2009)
found that the loss of mycorrhizal fungi affected the health of orchid populations and after 1-2
years without the fungi being present, all plants died. Yet the extent to which mycorrhizal fungi
contribute to the support of mature photosynthetic orchids, especially during periods of
vegetative dormancy, is still an open question (Girlanda et al., 2011; Sommer et al., 2012;
McCormick and Jacquemyn, 2014; Liebel et al., 2015).

Dormancy is thought to be a response to stress or to having insufficient nutrient stores to 94 produce above ground shoots (Gremer et al., 2010) and the presence or abundance of appropriate 95 96 mycorrhizal fungi may affect the likelihood of plants entering dormancy. Similarly, if dormant plants rely on mycorrhizal fungi for a large portion of their nutrition, survival and re-emergence 97 are also likely to be affected by the presence and abundance of appropriate fungi (Shefferson et 98 99 al., 2003; Shefferson, 2009). If symbiont abundance or identity affects orchid emergence or 100 dormancy duration then they will also, by extension, affect rates of reproduction and patterns of outcrossing and gene flow such as has been demonstrated for a mycoheterotrophic non-orchid 101 102 species (Logacheva et al., 2014).

103 In a previous study we found that *Isotria medeoloides*, a Federally listed threatened photosynthetic orchid that has frequent periods of vegetative dormancy, forms mycorrhizae with 104 a variety of species in the Russulaceae (McCormick et al., 2013). Here we tested whether the 105 abundance of mycorrhizal symbionts belonging to the Russulaceae was related to dormancy 106 107 patterns. We quantified Russulaceae DNA in the soil and on ectomycorrhizal (ECM) tree roots adjacent to individual plants that were either emergent or dormant for different durations. We 108 used a phylogenetic analysis to ensure that the fungi we quantified on ECM root tips and in 109 110 nearby soil belonged to taxa that could likely serve as mycorrhizal associates of *I. medeoloides*.

111	We hypothesized that: 1) Russulaceae hyphae in the soil and the number of mycorrhizal root tips
112	containing Russulaceae in soil samples adjacent to the orchids would be positively related to the
113	presence of individuals that had emerged aboveground; 2) Time since last emergence would
114	reflect the abundance of Russulaceae in the soil and; 3) Future emergence could be predicted by
115	the abundance of Russulaceae hyphae in the soil and by the number of mycorrhizal root tips
116	containing Russulaceae in soil samples adjacent to individual plants. To determine whether the
117	model developed with data from hypotheses 1-3 could predict emergence in a new population,
118	we sampled soil mycorrhizal fungi and monitored plant emergence in a separate study.
119	
120	

122 MATERIALS AND METHODS

Study species—Isotria medeoloides (Pursh) Raf. is a federally threatened orchid that occurs 123 in forests in eastern North America (Mehrhoff, 1989). It emerges in the early spring and each 124 plant produces a single compound leaf composed of a whorl of five leaflets (Mehrhoff, 1989; 125 Fig 1a). Underground, each plant has a short stem with up to five short (up to 10cm long), thick 126 (~0.25cm diam.) roots that are colonized by mycorrhizal fungi (Fig. 1b). Mycorrhizae in I. 127 medeoloides involve fungi in the Russulaceae and two genera, Russula and Lactarius, have been 128 identified by DNA sequencing of the ITS fungal barcoding region using fungus-specific PCR 129 primers in root sections with visible pelotons (McCormick et al., 2012). No typical orchid 130 mycorrhizal fungi in the genera Tulasnella or Ceratobasidium have ever been identified in I. 131 medeoloides roots, nor have any fungi successfully been cultured. An ectomycorrhiza is a type of 132 mycorrhiza in which the fungal associate forms a sheath around root tips before penetrating the 133 root structure. All Russulaceae are obligately ECM, primarily with woody plants. 134 *Isotria medeoloides* populations are small, and the species has been in decline across its 135 range and, thus, has been the focus of monitoring efforts (Mehrhoff, 1989; von Oettingen, 2008; 136 Brumback et al., 2011; Cairns, 2012). Individual plants can persist underground in a state of 137 vegetative dormancy for up to nine years (Cairns, 2001). During these periods of dormancy no 138 part of the plant emerges above ground, but the plants remain physiologically active (Shefferson 139 et al., 2012). Survival during these sustained dormancies is hypothesized to be the result of 140 relationships with mycorrhizal fungi (McCormick et al., 2012). Whether a plant emerges in the 141 spring is largely determined by whether or not it produced an overwintering bud during the 142 previous growing season. Plants that produce a bud almost always emerge aboveground the 143

following spring, while those that do not form a bud remain dormant (Gregg 2011, McCormicket al., 2015).

Study Sites—We conducted our studies at three sites. The first study was conducted from 146 147 2010-2013 at a site in the northern range of distribution of the species (Mount Teneriffe, New Hamphsire - MTNH) and a site in the southern part of the range (Prince William Forest Park, 148 Virginia - PRWI). At the northern site we studied a population that consisted of an average of 149 113 emergent plants (Cairns, 2001) and was considered to be stable. The number of emergent 150 plants at the southern site was composed of multiple small subpopulations, averaging between 13 151 and 42 emergent plants that were in decline based on monitoring data (McCormick et al., 2015). 152 At each site the location of all plants was determined and all individuals were monitored 153 yearly. The Virginia populations were monitored by staff of the Smithsonian Environmental 154 Research Center (SERC) and the New Hampshire population was monitored by Sara Cairns of 155 the New Hampshire Natural Heritage Bureau. 156 In 2014, we conducted a second study at Fort A. P. Hill, Virginia (FAPH), located 70 km 157 south of the PRWI site. The FAPH site had multiple sites with small numbers of *I. medeoloides*, 158 all of which had been monitored for at least four years prior to this study (McCormick et al. 159 2015). The total population size at this site ranged from 27 to 58 emergent plants and was stable 160

161 or recovering, based on monitoring data (McCormick et al., 2015).

162 Sampling Methods—In order to test the hypothesis that the abundance of appropriate 163 mycorrhizal fungi contributed to the likelihood of emergence, we selected individual plants at 164 each location based on the number of years since they had last emerged. We selected a four-year 165 range because Cairns (2001) found that 95% of plants that re-emerged from dormancy did so 166 within five years. In study 1, we selected plants at PRWI and MTNH based on the number of

167 years that they had been dormant. Controls were locations where *I. medeoloides* had never been documented. The categories were: controls, plants that were emergent at the time of the study, 168 plants that that been dormant for one year - last emerged in 2011, and plants that had been 169 170 dormant for 3-4 years - last emerged prior to 2010. Ten locations were sampled for each of the four categories for PRWI. Eight locations with emergent plants and four locations for each of the 171 other categories were sampled at MTNH. In study 2, plants at FAPH were also grouped into four 172 categories, but because of the small population sizes allocation of numbers of samples to each 173 category was somewhat unbalanced. The four categories were: control (no plants; 10 locations), 174 plants that were emergent in 2014 (10 locations), plants that were dormant in 2014 but had 175 emerged in 2013 (dormant for 1 year; 3 locations), and plants that last emerged prior to 2012 176 (dormant for 2-5 years; 3 locations). 177

One soil core (2.5 x 10 cm) was collected at a distance of 10 cm away in a random direction from the marked location of each individual plant. The distance was chosen to avoid damaging orchid roots, yet staying close enough to obtain a representative sample of associated ECM root tips of trees and shrubs. Samples were sieved (2 mm mesh screen) to remove rocks and collect root tips. Sieved samples that were collected as part of the first study were rinsed in the sieve to remove any remaining soil. In both studies, soil that passed through the sieve was collected for later DNA analysis of Russulaceae abundance.

In study 1, ECM root tips were submerged in water, sorted under a dissecting microscope into morphotypes, and counted. Morphotypes were distinguished and grouped by color, shape, size, and surface hyphae extensions (see Brundrett et al. 1996 for method). Two root tips of each morphotype in each sample were selected for sequencing of ECM fungal DNA (see details below). Root tips were sliced into two 0.5 mm diameter discs using a sterile scalpel. Each disc was placed in a separate PCR tube with 9.5 μ L of water.

Although Russulaceae are considered obligate ECM, patterns of root tip abundance do 191 not necessarily reflect the abundance of hyphae in the soil (Kjøller, 2006). Hyphae may have 192 193 relatively high abundances in soils with lower nutrient availability because the fungi must forage over a larger volume to access required nutrients. Because orchid mycorrhizal fungi are not 194 195 thought to be actively attracted to orchid seeds and plants (Rasmussen, 1995), the abundance of 196 hyphae in the soil may be an important gauge for determining how frequently the fungi 197 encounter and colonize orchids. The dry sieved soils were freeze-dried and ground using a 198 mortar and pestle. DNA was extracted from 0.25 g of each soil sample using Powersoil® Soil 199 DNA Isolation kits (MO BIO Laboratories, Inc. Carlsbad, CA, USA). 200 In study 2, our focus was on the abundance of Russulaceae in the soil and the relationship

between fungal abundance and the presence of plants aboveground, as well as the abundance of fungi in the soil when plants have not appeared aboveground for one or more years.

Polymerase Chain Reaction (PCR)—To identify root morphotypes associated with
 Russulaceae, we used direct PCR amplification (McCormick et al. 2009) on root disks, using
 primers specific to the nuclear ribosomal internal transcribed spacer (ITS) of fungi in the
 Russulaceae.

We used 25 µL PCR reactions containing 1.25 µL of each primer, 0.1 µL of bovine serum
albumin (BSA), and 12.5 µL of PCR Master Mix (2.0X RED Master Mix kit, Genesee Scientific,
San Diego, California, USA) on one disk from each root tip sampled. The root disk occupied
approximately 0.5 µL and the remaining 9.4 µL was sterile water. One section of each analyzed
root tip was amplified with the Russulaceae specific primer pair ITS3-R1A

212 (CATTCCGAGGGGCACACCCG, D. Lee Taylor, unpublished)/ITS4 (White et al., 1990), as follows: 1 min initial denaturation at 96°C, followed by 34 cycles of 30 seconds at 94°C, 30 213 seconds at 54°C, 1 min at 72°C. This was followed by 10 min at 72°C. 214 The second disk for each root tip was analyzed by amplification with a plant specific primer 215 pair ITS1-P (TTATCATTTAGAGGAAGGAG, developed by T. D. Bruns)/ ITS4 (White et al., 216 1990). The PCR cycle for amplification of plant DNA was as follows: 2 min initial denaturation 217 at 94°C, followed by 34 cycles of 30 seconds at 94°C, 30 seconds at 50°C, 1 min at 72°C. This 218 was followed by 10 min at 72°C. This technique allowed us to identify the tree species that had 219 formed ECM with Russulaceae. However, plant sequences amplified poorly and are not reported 220 here. If the fungi for both of the root tip disks sampled from a morphotype were identified as 221 222 Russulaceae we assumed that all roots with that morphotype were colonized by Russulaceae. In 223 28% of the morphotypes, only one of the two root tips disks amplified successfully. In these 224 cases, sequences from identical-appearing morphotypes in other samples were used to determine whether all root tips could reasonably be counted as Russulaceae. If identification was still 225 226 unclear, as was the case for two morphotypes, we selected additional root tips from the morphotype to analyze. This method allowed us to quantify support for Russulaceae fungi in the 227 vicinity of each analyzed orchid and also the number of total ECM root tips that were occupied 228 229 by Russulaceae.

To verify that Russulaceae fungi colonizing ECM root tips corresponded to potential mycorrhizal fungi for *I. medeoloides*, we sequenced the PCR product from each ECM root sample with a clear gel band when amplified with Russulaceae primers. PCR product was cleaned using ExoSap-IT (Affymetrix, Santa Clara, CA, USA), and approximately 20ng was sequenced using BigDye v3.0 (ABI) as per manufacturer's instructions, cleaned using Sephadex
G10-fine (GE Health Sciences), and run on an ABI 3130 sequencer.

Phylogenetic Analysis—We constructed a phylogenetic tree of Russulaceae ECM 236 sequences, the closest matching sequences in GenBank, and sequences from Russulaceae within 237 the roots of nine *I. medeoloides* plants (McCormick et al., 2013). The tree was rooted in two 238 outgroup taxa that belonged to genera identified by Larsson & Larsson (2003) in their 239 phylogenetic analysis of Russulaceae. We first combined the ECM fungi into OTUs using 97% 240 sequence similarity cutoff in Geneious (v. 8.1, Biomatters, Ltd.). We then aligned all OTUs 241 using MAFFT alignment, implemented in Geneious, with auto algorithm, a gap open penalty of 242 1.53, and an offset value of 0.123. Selected sequences from GenBank and from I. medeoloides 243 roots were also included and the final alignment was adjusted manually, resulting in a final 244 alignment of 638bp. Relationships between taxa were visualized using a phylogeny constructed 245 using MrBayes (v. 3.2.6; Huelsenbeck & Ronquist 2001) with HKY85 as the genetic distance 246 model and gamma rate variation using a burn-in of 100,000 trees, a chain length of 1,100,000, 4 247 heated chains, and a heated chain temp of 0.2. After the burn-in period, the split frequency had 248 declined to 0.008, suggesting this burn-in duration was sufficient to achieve adequate sampling 249 of the posterior distribution. Trees were subsampled every 200 trees with a random seed. 250 Real-time Polymerase Chain Reaction (qPCR)— To quantify Russulaceae abundance in 251 the soil, we conducted quantitative real-time PCR (qPCR) of the ITS2 region. We carried out 25 252

253 μL reactions containing 12.5 μL iQ SYBR Green PCR Super Mix (BioRad Laboratories,

Hercules, CA), 20 ng DNA template in 8µl H₂O, and 1.25µL (10 mM) each of primers ITS3-

255 R1A and ITS4 on an MJ Research Opticon DNA Engine with Continuous Fluorescence

256 Detection (MJ Research, now Bio-Rad Laboratories, Hercules, CA, USA), as follows: initial

denaturation at 95°C for 5 min followed by 41 cycles of 15 s denaturation at 94°C, 30 s
annealing at 54°C, and 30 s elongation at 72°C. Each sample was amplified in triplicate, and
quantified using a standard curve. Four serial dilutions of genomic DNA from a pure culture of a *Russula* sp. isolated from a fruiting body were used to construct a standard curve (range: 0.001-1
ng target genomic DNA). In addition, a melting curve analysis was performed after each analysis
to confirm the specificity of the qPCR.

Statistical analyses — All statistical analyses were performed in R (3.2.2) using the R Stats 263 package. The quantities of Russulaceae DNA found in the soil samples were natural log 264 transformed to improve distribution normality. The number of root tips colonized by 265 Russulaceae was counted and z-scored and centered prior to statistical analysis. In both study 1 266 and study 2, binary logistic regression models were used to test whether current and future 267 emergence were significantly related to the abundance of Russulaceae fungi on ECM root tips 268 and in the soil. The likelihood-ratio criterion was used in all analyses as a conservative test 269 statistic. For all logistic regressions, Nagelkerke's R² was used as the coefficient of 270 determination. Nagelkerke's R² was chosen due to its ability to provide an improvement over 271 Cox and Snell's R². When appropriate, multicollinearity was tested through generalized variance 272 273 inflation factors and tolerance (Myers, 1990; Menard, 1995). In study 1, the independent predictor variables were ordered as follows: abundance of 274 Russulaceae hyphae in the soil, number of root tips containing Russulaceae, and collection site. 275 Re-ordering of the independent variables did not alter their significance or predictive 276 contributions to the models. In both study 1 and study 2, the number of years since last 277

278 emergence was used as a covariate. This measure of prior emergence was transformed and

279 centered; a higher more positive number indicated most recent emergence.

280 We used two ANOVAs with 'years since emergence' and 'site' as independent variables

and 'number of Russulaceae-colonized ECM root tips' and the 'abundance (ng of DNA) of

282 Russulaceae in the soil' as dependent variables to determine the extent to which the abundance

of Russulaceae fungi could be related to time since last emergence. Abundance data were natural

284 log transformed prior to analysis to improve normality.

286 RESULTS

All DNA sequences from ECM roots obtained with the Russulaceae-specific primers 287 belonged to the genera *Russula* or *Lactarius* and have been deposited in Genbank (Accessions 288 KX528232-KX528327). The resulting alignment had 638 sites. On the phylogenetic tree, all 289 fungi from *I. medeoloides* roots also belonged to diverse clades in *Russula* or *Lactarius* (Fig. 2), 290 verifying that the Russulaceae we quantified on root tips and in the soil targeted the desired 291 fungi, but also indicating the breadth of fungi associating with *I. medeoloides*. 292 Study 1: As predicted, we found that the abundance of Russulaceae in the soil and in 293 adjacent ECM root tips were both significantly related to current orchid emergence in 2012, X^2 294 (7) = 24.03, P < 0.001 (see Table 1, Fig. 3). Nagelkerke's R² of 0.317 indicated a moderately 295 strong relationship. The likelihood-ratio criterion demonstrated that the Russulaceae in the soil 296 297 and on the adjacent root tips both made significant contributions to the overall model. For each proportional increase in amount (i.e., nanograms) of Russulaceae DNA in the soil, the odds of 298 emergence increased by a factor of 1.12 ($X^2(1) = 10.54$, P < 0.001), after controlling for all 299 300 other factors in the model. For each increase in the number of adjacent root tips colonized by Russulaceae, the odds of orchid emergence increased by a factor of 2.32 (X^2 (1) = 6.37, P = 301 0.011). There was no significant effect of collection site (X^2 (1) = 0.21, P = 0.644) (MTNH vs. 302 PRWI). Multicollinearity did not impact the overall model and associated statistics, as indicated 303 by tests of generalized variance inflation factors and tolerance (Myers, 1990; Menard, 1995). 304 The abundance (ng) of Russulaceae DNA in the soil differed significantly among sites (F =305 23.43, df = 1, P < 0.001) and among locations where plants had remained dormant for different 306 numbers of years (F = 20.01, df = 1, P < 0.001), and this pattern was similar across sites (F =307 308 0.90, df = 3, *P*=0.554; Fig. 4).

309 Results also supported our third hypothesis. Because the model successfully predicted future 2013 emergence, $X^2(7) = 46.82$, P < 0.0001 (see Fig. 5a). Nagelkerke's R^2 of 0.731 indicated a 310 moderately-strong relationship. The likelihood-ratio criterion demonstrated that the number of 311 312 adjacent root tips containing Russulaceae made a significant contribution the overall model. For each unit increase in the number of adjacent root tips colonized by Russulaceae, the odds of 313 future orchid emergence increased by a factor of 38.79 (X^2 (1) = 14.02, P < 0.0001). 314 While there was no significant main effect of Russulaceae abundance in the soil, there was a 315 significant interaction between Russulaceae abundance in the soil and the number of root tips. 316 For each increase in the number of adjacent root tips colonized by Russulaceae in combination 317 with each increase in ng of Russulaceae DNA in adjacent soil samples, the odds of orchid 318 emergence increased by a factor of 1.48 ($X^2(1) = 6.21$, P < 0.01). In short, emergence was more 319 320 likely to occur when Russulaceae was abundant both on adjacent root tips and in the soil surrounding the orchid. In addition, there was a significant interaction between the abundance of 321 Russulaceae in the soil and the collection site ($X^2(1) = 7.49, P < 0.01$) (see Fig. 5B), and a 322 323 significant interaction bet ween the number of root tips containing Russulaceae and the collection site ($X^2(1) = 6.03$, P < 0.01) (see Fig 5C). This was because MTNH and PRWI had 324 very different abundances of Russulaceae in the soil. To better interpret this interaction, an 325 analysis was run separately for each collection site (i.e., Prince William and Mt. Teneriffe). In 326 the follow up analyses, the interaction term between collection site and measures of Russulaceae 327 (i.e., root tips and soil) was removed. This is because we were analyzing the effect of collection 328 site on future emergence at the Prince William collection site separately from the Mt. Teneriffe 329 collection site. 330

331	The model of the Prince William collection site successfully predicted future 2013
332	emergence, $X^2(3) = 18.30$, $P < 0.0001$. Nagelkerke's R^2 of 0.626 indicated a moderately-strong
333	relationship. At the Prince William collection site there was a trending main effect of
334	Russulaceae in soil and a significant main effect of Russulaceae in root tips. For each
335	proportional increase in the amount of Russulaceae DNA in adjacent soil samples, orchid
336	emergence at PRWI increased by an odds ratio of 1.52 ($X^2(1) = 3.18$, $P = 0.07$). In other words,
337	as Russulaceae in the soil increased, orchids at the PRWI collection site were more likely to
338	emerge. For each unit increase in the number of adjacent root tips colonized by Russulaceae,
339	orchid emergence at PRWI increased by an odds ratio of 62.05 ($X^2(1) = 15.70, P < 0.001$). This
340	result demonstrated that as the number of adjacent root tips colonized by Russulaceae increased,
341	orchids at the PRWI collection site were more likely to emerge.
342	The model of the Mt. Teneriffe collection site successfully predicted future 2013
343	emergence, $X^2(3) = 9.62$, $P < 0.05$. Nagelkerke's R^2 of 0.518 indicated a moderate relationship.
344	At the Mt. Teneriffe collection site there was no main effect of Russulaceae in soil ($X^{2}(1) =$
345	0.001, $P = 0.97$) and a trending main effect of Russulaceae in root tips (X ² (1) = 3.28, $P = 0.07$);
346	however, there was a significant interaction of root tips and soil. While neither measure of
347	Russulaceae in isolation was able to predict future emergence, together they strongly predict
348	future orchid emergence. For each proportional increase in the amount of Russulaceae measured
349	in both adjacent soil samples and root tips, orchid emergence at Mt. Teneriffe increased by an
350	odds ratio of 1.49 ($X^2(1) = 6.19$, P < 0.01). In other words, as measures of Russulaceae in the
351	soil and root tips increased, orchids at the Mt. Teneriffe collection site were more likely to
352	emerge.

Study 2: As we predicted in our third hypothesis, we found that the model we developed for 355 PRWI and MTNH also demonstrated a similar relationship between the abundance of 356 Russulaceae in the soil and current orchid emergence in 2014 at Fort A.P. Hill, $X^2(1) = 5.411$, P 357 = 0.02, Nagelkerke's $R^2 = 0.07$ (see Fig. 6). However, it is worth noting that effect size is limited 358 by the amount of variance available. In other words, this collection site contained homogeneous 359 data. For each proportional increase in ng of Russulaceae DNA in the soil, the odds of 360 emergence increased by a factor of 1.13, after controlling for all other factors in the model. 361 Finally, we found that the model that we developed, when used with data from FAPH, 362 performed similarly in predicting 2015 future orchid emergence, $X^2(1) = 5.635$, P = 0.018, 363 Nagelkerke's R^2 of 0.067 (see Fig. 6). Again, the effect size was limited by the amount of 364 variance. For each increase in the amount of Russulaceae DNA in the soil, the odds of future 365 emergence increased by a factor of 1.14, after controlling for all other factors in the model. Tests 366 of generalized variance inflation factors and tolerance (Myers, 1990; Menard, 1995) indicated 367 that multicollinearity had a nonsignificant impact on the overall model and associated statistics. 368 369

370 DISCUSSION

While many papers have demonstrated the effect of symbiont presence on plant 371 performance, the effect of symbiont abundance has been less well appreciated (e.g., Vannette 372 373 and Hunter 2013). In this study we found a direct relationship between the abundance of mycorrhizal fungi and emergence from dormancy. Because the frequency of dormancy and the 374 length of time that it persists have cascading effects on orchid population ecology (e.g., growth, 375 reproduction, outcrossing), these results demonstrate that the abundance of mycorrhizal fungi 376 can impact orchid population dynamics. These results also suggest that understanding the 377 positive association between orchids and their mycorrhizal fungi is important for sustaining and 378 increasing orchid populations and that patterns of orchid dormancy may reflect the abundance of 379 mycorrhizal fungi near individual orchids. 380

We found that the abundance of Russulaceae DNA in soil samples and their colonization of adjacent mycorrhizal root tips were both significant predictors of orchid emergence. However, the patterns of the two measures differed among sites. In particular, both the numbers of ectomycorrhizal root tips and the concentration of Russulaceae DNA obtained from the soil differed between study sites. Within each site, locations with more Russulaceae DNA in the soil and more colonized ECM root tips were more likely to have *I. medeoloides* plants that were emergent rather than dormant.

388

Colonization of ECM root tips may reflect the degree of non-orchid plant support for the Russulaceae fungi associated with *I. medeoloides*, such that fungi that colonized many tree root tips might have access to more extensive carbon resources than those colonizing fewer roots, making them better able to support *I. medeoloides* growth. However, tree species and the light and soil conditions experienced by individual trees all contribute to the carbon benefit obtained
by mycorrhizal fungi (e.g., Aguilar-Chama & Guevara 2016). These factors differ more among
sites, such as from New Hampshire to Virginia, than within sites, perhaps contributing to
differences among sites in the number of ECM root tips, while retaining the pattern of greater
Russulaceae root colonization being associated with greater probability of emergence within
sites.

Sampling soil at only one location for each orchid in the highly heterogeneous soil 399 environment may have introduced considerable noise into the assessment of mycorrhizal fungi 400 401 available to support *I. medeoloides*. Furthermore, differences in soil types among sites may have created different extraction efficiencies that contributed to very different measured abundance of 402 Russulaceae among sites. Soils from PRWI and MTNH were very different, with the MTNH 403 404 soils being much richer in particulate organic matter than those at PRWI. Because of this, the Russulaceae fungi in organic-rich soils might have been less well lysed during the DNA 405 extraction process. Soils from FAPH were very similar to those at PRWI and had similar 406 407 concentrations of Russulaceae DNA. Alternatively, these site differences may reflect differences in how these fungi, which the DNA sequencing indicated included different species in the two 408 409 sites, distribute their growth (i.e., to root tip colonization vs. extramatrical hyphae) in different environments. Despite these differences among sites, a significant positive relationship between 410 the abundance of Russulaceae in the soil and probability of orchid emergence persisted when 411 412 root tip colonization data were not available for hypotheses 3 and 4.

High variability in abundance of Russulaceae DNA was seen at locations where individuals
had last emerged prior to 2010. We speculate that locations with low abundances of Russulaceae
might be locations where *I. medeoloides* have died, while locations with abundant Russulaceae

416 might be locations with healthy plants that are preparing to re-emerge. However, because no
417 portion of *I. medeoloides* is visible above ground when it is vegetatively dormant and we were
418 reluctant to possibly damage the plant or its fungi by excavating around the plant location, the
419 actual status of individual plants was not known unless they were emergent.

Increasing Russulaceae, whether in adjacent root tips or as DNA in the soil, had a greater 420 effect at PRWI than at MTNH, particularly in the adjacent root tips. This may suggest that 421 Russulaceae fungi may be related to dormancy and that extended dormancy may be associated 422 with insufficient Russulaceae. However, at the Mt. Teneriffe site the future emergence of I. 423 424 *medeoloides* was predicted by the interaction of Russulaceae abundance in the soil and on root tips. An intriguing possibility is that the orchid's future emergence is related to a different 425 balance of Russulaceae distribution or to fungal species that differ in how biomass is allocated to 426 colonization of root tips and soil volume. Furthermore, there was no significant main effect of 427 collection site (P = 0.18; Mt. Teneriffe, NH, and Prince William Forest Park, VA), indicating 428 that, regardless of collection site, increased Russulaceae in the soil and on adjacent root tips 429 increased the likelihood of *I. medeoloides* emergence. The actual degree to which this occurred 430 may, however, be a result of overall low emergence at PRWI versus MTNH. Future studies 431 should test the relationship between Russulaceae abundance in the soil and on ECM root tips 432 explicitly by using larger samples at a range of more heterogeneous collection sites. 433

All fungi sequenced on ECM root tips that scored positive for Russulaceae based on the
presence of PCR product belonged to the genera *Russula* and *Lactarius*, the dominant genera in
Russulaceae. Both genera have been found in mycorrhizal associations with *I. medeoloides*(Fig.2), so analysis was performed on the data using the Russulaceae family as a whole.
However, it is worth noting that not all fungi in these genera are likely to be appropriate

439 mycorrhizal associates of *I. medeoloides*. Currently, only nine fungi have been identified from *I. medeoloides* roots and, although these fungi include examples spread across the Russulaceae, it 440 is unknown what distinguishes the taxa that successfully form mycorrhizae with I. medeoloides 441 or whether there are significant groups within Russulaceae that would not form functional 442 mycorrhizae. In particular, some clades of Russula and Lactarius, especially the clade containing 443 R. xerampelina, R. flavisiccans, R. puellaris, R. abietina, and R. velenovskyi, seemed to be 444 overrepresented in *I. medeoloides* (6/9), compared to their lower dominance on ectomycorrhizal 445 roots in adjacent root tips (86/214; Fig. 2). At a coarse taxonomic scale, I. medeoloides 446 447 associated with *Russula*, as compared to *Lactarius* taxa, in approximately the same proportions as they were found on ECM root tips, perhaps suggesting less specificity than might be expected. 448 By including all Russulaceae within our analysis, we have almost certainly overestimated the 449 abundance of potential mycorrhizal associates. However, because the fungi identified in 450 association with *I. medeoloides* did not form a distinct subclade, it was not possible to design 451 PCR primers that were specific to only those fungi. Furthermore, since the fungi identified to 452 this point in association with *I. medeoloides* have come from a small number of plants, they also 453 likely do not represent the full extent of potential host fungi. To the extent that the fungi that 454 form mycorrhizae with I. medeoloides track abundance patterns of the family, the family-level 455 abundances will represent mycorrhizal abundance. It is possible that we could measure abundant 456 Russulaceae DNA, yet have no I. medeoloides mycorrhizal fungi, but if the target mycorrhizal 457 458 fungi were abundant we would measure abundant Russulaceae DNA. Using DNA from the whole family represents the best option available at this point and is a necessary starting point for 459 examining relationships between mycorrhizal fungus abundance and I. medeoloides dormancy 460 461 patterns.

462 Vegetative dormancy can make it challenging to understand the factors that contribute to the decline of a rare or threatened species. Many orchids undergo dormancy, often as an adaptation 463 to stress or decline (Shefferson, 2009; Shefferson et al., 2012). For Isotria medeoloides, a 464 perennial terrestrial orchid growing in relatively low-light environments, the risk of emergence 465 (i.e., herbivory, trampling) may outweigh the benefits of photosynthesis and sexual reproduction 466 in a given year. Our results show that dormancy was associated with low abundances of 467 symbiotic mycorrhizal fungi in the soil. This suggested that a support network of beneficial fungi 468 was directly associated with emergence in this orchid species. While other factors such as light 469 availability can also contribute to orchids entering dormancy (Shefferson et al., 2012), our work 470 suggests that assessment of the abundance of host mycorrhizal fungi in the soil might serve as an 471 efficient diagnostic method for population health in lieu of long-term demographic studies. An 472 evaluation of the suitability of potential habitats for orchid reintroduction may also be possible 473 based on sampling soil for appropriate mycorrhizal fungi. 474

Because orchids cannot germinate or live without specific mycorrhizal fungi in natural 475 476 environments, they may be some of the first plants affected by changes in their mycorrhizal symbionts (Bellgard and Williams, 2011). In this study, we found that orchid dormancy, and 477 hence population dynamics, was related not just to the presence, but also to the *abundance* of 478 mycorrhizal symbionts. Dormancy may be one of the first places that the effect of symbiont 479 abundance on individual performance can be detected, and at least 52 plant species in 10 plant 480 families engage in some sort of vegetative dormancy (Shefferson et al., 2012). Population 481 dynamics of these other plants could be similarly affected by factors that affect their mycorrhizal 482 fungi. However, even plants that do not enter dormancy may be affected by the abundance of 483 484 their mycorrhizal fungi. Over 80% of land plants associate with mycorrhizal fungi (Brundrett

- 485 2009) and the abundance of those fungi may affect a wide range of plant traits. For example,
- 486 Vannette and Hunter (2013) found that the abundance of mycorrhizal fungi affected plant
- 487 nutrient concentration and defensive structures, which altered their interactions with herbivores.
- 488 The widespread importance of mycorrhizal associations for terrestrial plants suggests that these
- 489 effects are likely much more widespread and that plant reproduction, community interactions,
- 490 and population dynamics may be affected by the abundance of symbionts.

491	Acknowledgements: The authors thank Paul Petersen at Prince William Forest Park, Robert
492	Floyd and Jason Applegate at Fort A.P. Hill, and Sara Cairns at the New Hampshire Natural
493	Heritage Bureau for facilitating this work. We thank D. Lee Taylor for providing the
494	Russulaceae primers. We also thank Kent Holsinger at the University of Connecticut for
495	reviewing the methods, the Smithsonian Laboratory of Analytical Biology for DNA sequence
496	analysis, and the editor and two anonymous reviewers for comments that greatly improved this
497	work. This project was funded by PMIS#144281 from the U.S. National Park Service and a
498	contract from Fort A.P. Hill. Additional funding was provided by the Ronald Bamford Fund
499	(University of Connecticut). H.E.A.B. was supported by NSF REU grant DBI 1156799.

- 501
- 502 LITERATURE CITED
- Aguilar-Chama, and A., R. Guevara. 2016. Resource allocation in an annual herb: Effects of
 light, mycorrhizal fungi, and defoliation. *Acta Oecologica* 71: 1-16.
- Bellgard, S. E., and S. E. Williams. 2011. Response of mycorrhizal diversity to current climatic
 changes. *Diversity* 3: 8-90.
- Brumback, W. E., S. Cairns, M. B. Sperduto, and C. W. Fyler. 2011. Response of an Isotria
 medeoloides Population to Canopy Thinning. *Northeastern Naturalist* 18: 185-196.
- Bruna, E. M., T. J. Izzo, B. D. Inouye, and H. L. Vasconcelos. 2014. Effect of mutualist partner
 identity on plant demography. *Ecology* 95: 3237-3243.
- Brundrett, M. C. 2009. Mycorrhizal associations and other means of nutrition of vascular plants:
 understanding the global diversity of host plants by resolving conflicting information and
- 513 developing reliable means of diagnosis. *Plant and soil* 320: 37-77.
- Cairns, S. 2001. 2000 *Isotria medeoloides* Recovery Activities in New Hampshire. U.S. Fish and
 Wildlife Service.
- Cairns, S. 2012. 2011 Small Whorled Pogonia (*Isotria medeoloides*) Recovery Activities in New
 Hampshire. *New Hampshire Natural Heritage Bureau*.
- 518 Dressler, R. L. 1993. Phylogeny and classification of the orchid family. Cambridge University
 519 Press.
- Gill, D. E. 1989. Fruiting failure, pollinator inefficiency, and speciation in orchids. *Speciation and its consequences* 458: 481.
- Girlanda, M., R. Segreto, D. Cafasso, H. T. Liebel, M. Rodda, E. Ercole, S. Cozzolino, et al.
 2011. Photosynthetic Mediterranean meadow orchids feature partial mycoheterotrophy
 and specific mycorrhizal associations. *American Journal of Botany* 98: 1148-1163.
- Gregg, K.B. 2011. Recovery from bud disappearance explains prolonged dormancy in *Cleistes bifaria* (Orchidaceae). *American Journal of Botany* 98: 326-330.
- Gremer, J. R., A. Sala, and E. E. Crone. 2010. Disappearing plants: why they hide and how they
 return. *Ecology* 91: 3407-3413.
- 529 Gremer, J. R., E. E. Crone, and P. Lesica. 2012. Are dormant plants hedging their bets?
- 530 Demographic consequences of prolonged dormancy in variable environments. *The* 531 *American Naturalist* 179: 315-327.

- Huelsenbeck J. P. and F. Ronquist. 2001. MRBAYES: Bayesian inference of phylogenetic trees.
 Bioinformatics 17: 754-755.
- Hynson, N., K. Preiss, G. Gebauer. 2009. Is it better to give than to receive? A stable isotope
 perspective on orchid–fungal carbon transport in the green orchid species *Goodyera repens* and *Goodyera oblongifolia*. New Phytologist 182: 8–11.
- Kjøller, R. 2006. Disproportionate abundance between ectomycorrhizal root tips and their
 associated mycelia. *FEMS Microbiology Ecology* 58: 214-224.
- Larsson, E., and K.H. Larsson. 2003. Phylogenetic relationships of russuloid basidiomycetes
 with emphasis on aphyllophoralean taxa. *Mycologia* 95: 1037-1065.
- Liebel, H. T., M. I. Bidartondo, and G. Gebauer. 2015. Are carbon and nitrogen exchange
 between fungi and the orchid *Goodyera repens* affected by irradiance? *Annals of Botany*115: 251-261.
- Logacheva, M.D., M. I. Schelkunov, M. S. Nuraliev, T. H. Samigullin, and A. A. Penin. 2014.
 The plastid genome of mycoheterotrophic monocot *Petrosavia stellaris* exhibits both
 gene losses and multiple rearrangements. *Genome Biology and Evolution* 6:238-246.
- 547 Lovelock, C. E., and R. Miller. 2002. Heterogeneity in inoculum potential and effectiveness of
 548 arbuscular mycorrhizal fungi. *Ecology* 83: 823-832.
- McCormick, M. K., and H. Jacquemyn. 2014. What constrains the distribution of orchid
 populations? *New Phytologist* 202: 392-400.
- McCormick, M. K., K. L. Parker, K. Szlavecz, and D. F. Whigham. 2013. Native and exotic
 earthworms affect orchid seed loss. *AoB Plants* 5: plt018.
- McCormick, M. K., D. Lee Taylor, K. Juhaszova, R. K. Burnett, D. F. Whigham, and J. P.
 O'Neill. 2012. Limitations on orchid recruitment: not a simple picture. *Molecular*
- 555 *Ecology* 21: 1511-1523.
- McCormick, M. K., D. F. Whigham, J. P. O'Neill. 2015. Restore the federally threatened small
 whorled pogonia (*Isotria medeoloides*) in three NPS regions. Final Report to the U.S.
 National Park Service for PMIS #144281.
- 559 McCormick, M. K., D. F. Whigham, J. P. O'Neill, J. J. Becker, S. Werner, H. N. Rasmussen, T.
- 560 D. Bruns, and D. L. Taylor. 2009. Abundance and distribution of *Corallorhiza*
- 561 *odontorhiza* reflect variations in climate and ectomycorrhizae. *Ecological Monographs*
- 562 79: 619-635.

- Mehrhoff, L. A. 1989. The Dynamics of Declining Populations of an Endangered Orchid,
 Isotoria Medeoloides. Ecology 70: 783-786.
- 565 Menard, S. 1995. Applised Logistic Regression Analysis, 07-106. Sage, Thousand Oaks, CA.
- Myers, R. 1990. Classical and Modern Regression with Applications. 2 ed. Duxbury, Boston,
 MA.
- Rasmussen H. N. 1995. *Terrestrial orchids: from seed to mycotrophic plant*. Cambridge, UK:
 Cambridge University Press.
- Rasmussen, H. N. 2002. Recent developments in the study of orchid mycorrhiza. *Plant and soil*244: 149-163.
- Seaton, P. T., H. Hu, H. Perner, and H. W. Pritchard. 2010. Ex situ conservation of orchids in a
 warming world. *The Botanical Review* 76: 193-203.
- Shefferson, R. P. 2009. The evolutionary ecology of vegetative dormancy in mature herbaceous
 perennial plants. *Journal of Ecology* 97: 1000-1009.
- Shefferson, R. P., T. Kull, and K. Tali. 2005. Adult whole-plant dormancy induced by stress in
 long-lived orchids. *Ecology* 86: 3099-3104.
- Shefferson, R. P., J. Proper, S. R. Beissinger, and E. L. Simms. 2003. Life history trade-offs in a
 rare orchid: the costs of flowering, dormancy, and sprouting. *Ecology* 84: 1199-1206.
- Shefferson, R. P., T. Kull, K. Tali, and K. M. Kellett. 2012. Linking vegetative dormancy to
 fitness in two long-lived herbaceous perennials. *Ecosphere* 3: art13.
- Sommer, J., J. Pausch, M. C. Brundrett, K. W. Dixon, M. I. Bidartondo, and G. Gebauer. 2012.
 Limited carbon and mineral nutrient gain from mycorrhizal fungi by adult Australian
- orchids. *American Journal of Botany* 99: 1133-1145.
- Stöckel, M., T. Těšitelová, J. Jersáková, M. I. Bidartondo, and G. Gebauer. 2014. Carbon and
 nitrogen gain during the growth of orchid seedlings in nature. *New Phytologist* 202: 606615.
- Swarts, N. D., and K. W. Dixon. 2009. Terrestrial orchid conservation in the age of extinction.
 Annals of Botany 104: 543-556.
- Vannette, R. L., and M. D. Hunter. 2013. Mycorrhizal abundance affects the expression of plant
 resistance traits and herbivore performance. *Journal of Ecology* 101: 1019-1029.
- 592 von Oettingen, S. 2008. Small Whorled Pogonia (Isotria medeoloides) 5-Year Review: Summary
- 593 and Evaluation. U.S. Fish and Wildlife Service New England Field Office.

- White, T. J., T. Bruns, S. Lee, and J. Taylor. 1990. Amplification and direct sequencing of
 fungal ribosomal RNA genes for phylogenetics. *PCR protocols: a guide to methods and*
- *applications* 18: 315-322.
- 597 Yam, T. W., and J. Arditti. 2009. History of orchid propagation: a mirror of the history of
 598 biotechnology. *Plant Biotechnology Reports* 3: 1-56.
- 599

Table 1: Abundance of Russulaceae in the Soil and on Root tips sampled from adjacent to plants
 that were emergent vs not emergent across all three sites. Values for Soil are ln (ng Russulaceae
 DNA/g dry soil). Values for Root tips are the number of ectomycorrhizal root tips colonized by

604 DNA/g dry soil). Values for Root tips are the605 fungi belonging to the Russulaceae.

606

		Prince William Forest Park, VA		Mount Teneriffe, NH		Fort AP Hill, VA
		mean <u>+</u> SE		mean <u>+</u> SE		mean <u>+</u> SE
		Soil	Root tips	Soil	Root tips	Soil
Current	Emergent	-2.92 <u>+</u> 1.06	153.4 <u>+</u> 48.51	-6.43 <u>+</u> 1.27	531.5 <u>+</u> 100.63	-5.51 <u>+</u> 1.16
	Not Emergent	-5.67 <u>+</u> 0.77	116.63 <u>+</u> 14.06	-4.51 <u>+</u> 1.77	498 <u>+</u> 66.76	-7.89 <u>+</u> 1.22
Future	Emergent	-2.49 <u>+</u> 0.61	249.75 <u>+</u> 107.58	-5.3 <u>+</u> 2.09	559.33 <u>+</u> 114.28	-4.89 <u>+</u> 1.62
	Not Emergent	-5.26 <u>+</u> 0.72	112.06 <u>+</u> 12.17	-4.01 <u>+</u> 1.84	470.1 <u>+</u> 77.67	-7.67 <u>+</u> 1.01

Notes: Root tip values are raw values, and Soil values are natural log transformed.

608 Figure legends:

Figure 1: Isotria medeoloides a) aboveground and b) belowground. The flowering, emergent, 609 plant (a) consists of a single leaf, usually with five leaflets. Belowground (b), the plant base 610 (single arrow) includes a green bud for the next year's growth and bud scars from the previous 611 year's sprouts and a few relatively short (1-10cm), coarse roots (double arrow). 612 Figure 2: Bayesian inference phylogenetic tree showing the relationship between Russulaceae 613 fungi sequenced from ectomycorrhizal root tips adjacent to *I. medeoloides* plants and those 614 sequenced directly from *I. medeoloides* roots and their closest matches from GenBank. 615 Sequences from individual ectomycorrhizal root tips are designated 'Iso', followed by the site 616 (MTN for MTNH or PW for PRWI) and the sample number. OTUs indicate identical sequences 617 that were obtained from multiple ectomycorrhizal root tips. Each OTU is given a number and 618 619 that is followed by the number of root tips represented by that OTU in parentheses and a symbol indicating the site where it was found (solid black downwards triangle for PRWI or open 620 upwards triangle for MTNH). Sequences from orchid roots are designated 'Isotria', followed by 621 an identifier for the individual plant and population location. Numbers on the branches indicate 622 posterior probabilities for branches with probabilities greater than 0.70. 623 Figure 3: The amount of Russulaceae (z-scored) in the soil (black symbols) and in adjacent 624 ectomycorrhizal root tips (gray symbols). Comparison of plants that emerged in 2012 625 (Emergence) with plants that did not emerged (No Emergence). 626 Figure 4: The abundance of Russulaceae in the soil by years since an I. medeoloides last emerged 627 at a) Mount Teneriffe, NH, b) Prince William Forest Park, VA, and c) Fort A.P. Hill, VA. Note 628 the different scales on the axes. 629

630 Figure 5: The amount of Russulaceae (z-scored) and future emergence (2013) of the orchid

- 631 Isotria medeoloides in Study 1 based on (a) measures of Russulaceae: soil (black symbols) or
- adjacent mycorrhizal root tips (gray symbols), (b) number of adjacent mycorrhizal root tips
- 633 colonized by Russulaceae fungi by collection site Mount Teneriffe, NH (MTNH, black symbols)
- and Prince William Forest Park, VA (PRWI, gray symbols), and (c) Russulaceae in the soil by
- 635 collection site Mount Teneriffe, NH (MTNH, black symbols) and Prince William Forest Park,
- 636 VA (PRWI, gray symbols).
- 637 Figure 6: The amount of Russulaceae in the soil and emergence of the orchid *Isotria medeoloides*
- 638 in Study 2 at Fort A. P. Hill, VA (FAPH) by current year of emergence (2014; black symbols)
- and future year of emergence (2015; gray symbols).









Years Since Last Emergence



Abundance of Russulaceae



Figure6